

# Kindervelt

"Together We Can Make A Difference"

#### **KV PEACe**

**Kindervelt Psychiatric Emergency Assessment Center** 

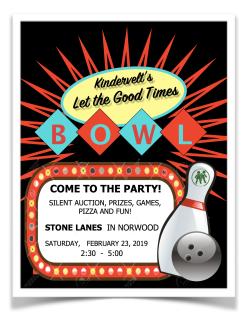
VOLUME 19 ISSUE 6 February 2019

Bye-Bye Winter Blues
Jenny McNiese LPCC



Robert Frost once said, "You can't get too much winter in the winter". However, when the outside temperatures drop so do a lot of people's moods. It's pretty common to hear people talk about the "winter blues", feeling sad, sluggish, not wanting to leave the house, etc. But did you know that symptoms that occur the same time every year and are severe enough to affect your daily life could actually be a mood disorder? According to the National Institute of Mental Health, Seasonal Affective Disorder (SAD) is a type of depression that comes and goes with the seasons, typically starting in the late fall/early winter and going away during the spring/summer. It's diagnosed pretty often also. There are more than 3 million cases reported each year in the U.S. alone according to the Mayo Clinic.

So, what can one do? Experts recommend self-care including getting 25-30 minutes of exercise a day, better yet, do it outside! Being exposed to Vitamin D (or taking an oral supplement) can be helpful as well. If you can't bear the coldness you may also get a light box which mimics natural sunlight. If you are still struggling despite these changes, it might be time to seek out a professional for talk therapy and/or an evaluation for medication to help decrease symptoms.



You're invited to Kindervelt's 7th Annual "Let the Good Times Bowl!"

Join us for an afternoon of fun while supporting KV PEACe!

Bowlers receive a team photo, large "team" pizza and yummy party favor!

Register your team or donate online: Kvbowl19.givesmart.com

> For more information contact: Kris Spencer 610-308-9615 Jean Kachikis 513-207-1879

> > Bring a friend! Non-bowlers welcome!

## 2018 -2019 KV Board of Trustees

President Bonnie Hueneman #68 kvpresident@kindervelt.org

Vice President Tammy Booth #55 kvvicepresident@kindervelt.org

Secretary Katrina Smith #78 kvcsecretary@kindervelt.org

Treasurer Erin Klein #65 kvtreasurer@kindervelt.org

Financial Advisor Claudia Potter #76 kvfadvisor@kindervelt.org

Annual Meeting Pat Wahl #68 kvameeting@kindervelt.org

Membership Lindsey Dye #08 kvmembership@kindervelt.org

Communications Bonnie Finn #22 kvnewsletter@kindervelt.org

Donor Relations Kate Moore-Colasurd #78 KVdonorrelations@kindervelt.org

Nominating Sue Crosby #22 kvnomchair@kindervelt.org

Projects Kathy Olberding #68 kvprojects@kindervelt.org

Publicity Susan Deye #68 kvdigitalmedia@kindervelt.org

Technology Mary Beth Young #78 kvwebmaster@kindervelt.org

Past President Tracy Smith #57 kvimmpastpres@kindervelt.org

#### **Region Leaders:**

North Region Kathy Sherlock #12 kvliaison1@kindervelt.org

East Region Wendy Holschuh #78 kvliaison2@kindervelt.org

South Region Libby Baker #56 kvliaison3@kindervelt.org

West Region Linda Deters #16 kvliaison4@kindervelt.org

Citywide Project Chairs: Kindervelt Fall Ball Tracy Smith #57 & Beth Cuprill #57 kvgalachair@kindervelt.org

Kindervelt Krafts Diana Peters #68 kvkraftschair@kindervelt.org

Let the Good Times Bowl kvbowling@kindervelt.org

CCHMC Department of Development Keith Henize - Director Auxiliary Relations keith.henize@cchmc.org

Kelly Bollinger kelly.bollinger@cchmc.org



### From the President

I can't believe it's February already! I really hope the groundhog is good to us this year because we have a lot of upcoming events.

I hope everyone enjoyed the January Members' meeting at Arhaus. Robbie Sheeran, the store manager, did an excellent job in supplying us with a wonderful venue, good food and fantastic door prizes. When you are in Kenwood, please say thank you to the businesses that donated to our program. They are listed in the newsletter. Our guest speaker, Rachel McCoy, Clinical Counselor of Cincinnati Children's Hospital base in Indian Hill Middle and High Schools, gave us an informative presentation of the stresses and pressures on today's youth and their impact on mental health. If there is something you would like to me to explore for our future Members' meetings please give me a call or send an email. I want these meetings to be fun and educational and bring together current and new members.

Let the Good Times Bowl is scheduled for Saturday, February 23 from 2:30 PM until 5:00 PM at Stone Lanes (new location) in Norwood. The committee has been hard at work getting things planned for a really great event. They have an amazing silent auction, prizes, games, pizza and fun. Consider gathering a group of friends together to bowl. Everyone is welcome to stop by and cheer on the teams.

In the next couple of months, the nominating committee will choose the Board of Trustees for the 2019-20 year. I urge you to consider a position on the Board. It is a very important and rewarding experience.

The nominating committee will also choose people to run our Citywide events, The Gala/Fall Event, KV Krafts and Let it Bowl. If you would like to get involved in a citywide event, please let Sue Crosby know you are interested. Her contact information is in this newsletter. The entire new board and citywide event chairs are announced at the Annual Meeting on May 15.

Another important announcement at the Annual Meeting is the Barbara Fitch Award recipient. This award goes to a Kindervelt member who has demonstrated an exceptional commitment to Kindervelt. If you know of a Kindervelt member who deserves this award, please fill out a nomination form. Any active member is eligible to win this award. Encourage other members of your group to also send in nominations. The more information the committee has, the clearer the decision will be.

I encourage you to take a look at the "Upcoming Events" page in this newsletter and choose one to attend. Hopefully I'll see you there!

Thank you for all you do for Kindervelt,

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Bonnie Hueneman

Kindervelt City President





## KV Member Meeting

Feeling Gratitude for all Who Made it a Success

#### ... Arhaus Furniture

for providing the venue and wonderful door prizes obtained from merchants in the area.



Kendra Scott Chico's Athleta A.J. Rahn Greenhouses Pomegranate and Lime L'occitine Vera Bradley Maggiano's IHop Skyline Chili Matt the Miller Tavern Pies n' Pints Red Robin McAlister's Dewey's Pizza Kroger - Madeira Italianette Pizza Cocoa Bites in Loveland Gigi's Cupcakes Great American Cookie Company



Robbie Sheeran, manager of Arhaus Furniture, Rachel McCoy, keynote speaker, Bonnie Hueneman, and Keith Henize





















#### Kindervelt West Region Deck of Cards Raffle Featuring 52 Gift Cards From Your Favorite Restaurants and Places to Shop

**Tickets on Sale** 1 for \$5 5 for \$20

tal Medical Center/Kindervell chiatric Assessn





Click on Link to enter West Region's Raffle: http://events.constantcontact.com/register/event?

http://events.constantcontact.com/register/event?llr=s4jukynab&oeidk=a07eg1haen73dd21275



#### **SAVE THE DATE**

#### Kindervelt #56 Bunco

Thursday May 9, 2019

Thursday July 18, 2019

Thursday October 10, 2019





6:00 PM-9:00PM

Wilder City Bldg

\$20.00 per person

**Contact Debbie for Reservations** 

859-468-8826, dzlinne@gmail.com



## BUNKO LUNCHEON AND PARTY



Presented by Kindervelt #30

### **LUNCH - BUNKO OUARTER RAFFLE FUN and PRIZES**

Saturday, March 30, 2019, 11:30AM at the Cincinnati Woman's Club 330 Lafayette Ave. Cincinnati, OH 45220 \$25 per person

Make checks payable to Kindervelt #30 by March 26, 2019 Mail to: Jo-Ann Carlson, 7645 Elbrook Ave, Cincinnati, OH 45237 Information: gjcarl@twc.com or 513-731-8037



#### THE KINDERVELT BARBARA FITCH AWARD

Dear Members,

In 2005, the Kindervelt Board of Trustees was looking for a way to recognize individuals who exhibit an enthusiasm and positive attitude toward the goals of the organization. Thus, the Kindervelt Barbara Fitch Award was created. This annual award was named for one of our founding members who has since become a prominent supporter of Kindervelt and the needs of Cincinnati Children's Hospital Medical Center.

The Kindervelt Barbara Fitch Award committee is responsible for the selection of the recipient. This committee is comprised of five Kindervelt members including; the citywide Vice President who serves as Chair, the Immediate Past President or President Elect, the Annual Meeting Chair, and two at-large members appointed by the citywide President. After all qualified nominations are reviewed and a decision made, the nominator will be contacted to ensure the recipient, along with friends and family, attend the Kindervelt Annual Meeting where the award is presented.

The committee is looking for an exemplary individual to honor, so please consider for nomination, any current Kindervelt member in good-standing with at least 5 years service. This person should be dedicated and committed; one who is an ambassador for Kindervelt in the community, who is an active contributor to her local group, and who gladly gives her time, talents and energy to promote our cause. The nominee should represent the true spirit of charity as well as embody the mantra "others before self".

If you know of an outstanding Kindervelt member who personifies these characteristics, please submit the 2019 Barbara Fitch Nomination Form - found on the Kindervelt website - no later than April 22, 2019. In order to give a complete understanding of your nominee's qualifications, I encourage you to be explicit and submit feedback from multiple members to support your nomination. And as a reminder, this is a confidential process and the announcement of the winner is kept a surprise.

Thank you,

Tammy Booth Citywide Vice President **KV** #78 Congratulations to Chris Fulford, who welcomed her second grandchild, Henry Cole

Renner, into the world on January 6<sup>th</sup>! Henry is the son of Chris's daughter Melissa and her husband Logan, and is the little brother of Adeline. Best wishes to all of you!



**KV #3** Thanks Muffy for hosting our meeting and Valerie for all the yummy food on a cold morning. We hope Fran is up and moving around quickly from her knee surgery.

Our thoughts and prayers are with Joanne Shreve for the loss of her Dad on December 26th.

We hosted another "Learning" Bunco night in January and had a really good time. We think we are ready to host an event come spring!

Kris and Jean are working tirelessly on "Let the Good Times Bowl" and we are supporting them in every way.





This photo of Redesigning Women - **KV 29** taken at our Christmas lunch at Trio in Kenwood. Always fun with great food and wine and the most wonderful friends ever!

Seated: Barb Steinmetz, Carrie Royalty, Barb Dahl, Linda Trebbi, Ellen Jackson, and Pat Andrews.

Standing: Tena Kallmeyer, Nancy Groves-VanBuskirk, Cynthia Blocksom, Barb Diener, Karen Hadden, Mary Austin.

**KV #68** sends congratulations to Sally Westendrorf on the birth of her granddaughter Brooklyn Marie. She weighed in at 7lb 11oz! The proud parents, Christie and Mike, are excited with their precious little girl. Brooklyn's two big brothers, Andrew and Will, love having some pink in the house.

Congratulations to Diana Peters on the birth of her Great Granddaughter Lilly Ann. Chelsey and Nick are loving all the snuggles with their precious bundle of joy.

KV #8 wishes to express our sincere condolences to our past member and current friend Niki Meiners and her children Max and Gigi on the loss of her husband Gary. Our hearts are with you.

**KV #16** offers congratulations to Bonnie Geiger on the birth of her new Grandson, Krew Meyner, 8 lbs., 11 oz., born on December 22nd. We know Mom Megan and Dad Dave had a very special Christmas!

Special congratulations to Bob and Mary Ann Thomas who celebrated their 55th wedding anniversary on January 18th. They are a very special couple and special to Kindervelt and Children's Hospital. Thank you for all you do for both. Happy Anniversary!

A "Huge" thank you to Cece Kohlman for always being there when she's needed. She was at all the Kraft shows/sales and even worked Findley Market when it wasn't ideal circumstances - you're the best! We can't do it without you!



## Kindervelt #77 Annual Fashion Show & Luncheon

Where: The Manor House, Mason, Ohio When: Saturday, April 6th 11am

Tickets: \$40\*

\*Pick up tickets at the Welcome Table the day of the event. Tickets purchased after Friday, March 22nd will be \$45.

Contact the Following Members to Purchase Tickets: Brenda Bearden @ 513.226.6841 or brendabearden1@gmail.com Alex Ashley @ 321.271.4938 or alexandra.ashley@gmail.com







Silent Auctions
Mystery Bags
Jewelry Chance
Basket Raffle
Split-the-Pot
Wine and Craft Beer Raffle
Lunch
Women's Fashions by Dillard's

Proceeds from this event will support the Psychiatric Emergency Assessment Center (KV PEACe) for children's mental health at Cincinnati Children's Hospital.

Questions or More Information Regarding This Event, Contact Co-Chairs: Lizzy Harold @ 513.461.9116 or feinteem@hotmail.com Sarah Varda @ 513.702.6374 or vardast7@gmail.com



#### SHO RAFFLE TICKETS on Sale

Now at <u>KV50Fever.givesmart.com</u> - Anyone can win! No need to be present at the drawing!



You could win of the following prizes:

- One area of Botox for a Year. Value \$1,280. Donated by Dr. Allison Holzapfel
- 14 karat white gold rectangle bar pavé diamond pendant .25 ct. tw. Value \$1,150. Donated by Richter & Phillips
- Custom Sports Coat. Value \$1,195. Donated by Romualdo Bespoke Tailoring.

Winner will be drawn on Friday, February 22nd at the Kindervelt 50 Cabin Fever at MadTree Brewing. You do not need to be present to win!



#### SAVE THE DATE

Kindervelt's 48th Annual Meeting Wednesday May 15, 2019

The Cincinnati Woman's Club



## Kindervelt





#### Kindervelt #12

The Lebanon Lambs

#### Annual BINGO Fundraiser

Join us Friday, March 1<sup>st</sup>, 2019, for a night of fun and friendship for a good cause. All proceeds benefit Kindervelt Psychiatric Emergency Assessment Center (KV PEAC) of Cincinnati Children's Hospital.

Merchandise prizes only - no cash awards
Bingo cards are \$5.00 each, 3 for \$10.00 and 6 for \$20.00
Raffle Baskets and Split the Pot
Cash or checks only

Doors open at 6:30 pm; the game begins at 7:00 pm

Sibcy Cline Realtors Building 103 Oregonia Road Lebanon, OH

Any questions, please contact Marsha at 513-934-2699 or wfalknor@roadrunner.com

## Mark Your Calendars

East Region raffle: click below http:// events.constantcontact.com/ register/event? llr=s4jukynab&oeidk=a07eg1cc3 rh1f48b9e7	Wine and Dine Raffle *East Region		Info: Wendy Holschuh jholschuh@cinci.rr.com or 513-624-9112 More information coming
West Region Raffle	Card Deck of Gift Cards	See Flyer to enter raffle	Info: Linda Deters 513-604-3862 ldeters@huff.com
February 13	Valentine Cookie Sale #8	CCHMC Atrium 3	Info: Kristen Gettins 821-2789 klgettins@yahoo.com
Friday February 22 7:00pm	Cabin Fever #50	Madtree Brewing Co 3301 Madison Rd 45209	Save the Date See flyer
Saturday February 23 2:30pm - 5:00pm	Let the Good Times  Bowl  *Citywide	Stone Lanes 3746 Montgomery Rd Norwood OH 45212	Info: Kris Spencer 610-308-9615 or kristinespencer5@gmail.com or Jean Kackikis 513-533-1277 tastebudsjsk@gmail.com
Saturday March 30	Bunco with Prizes and Raffles #30	Cincinnati Woman's Club 330 Lafayette Ave. Cincinnati, OH 45220	See Flyer for more info
Saturday April 6 11:00am	Fashio Show & Annual Luncheon	Manor House Mason, Ohio #77	Info: Brenda Bearden@226-6841or brendabearden@gmail.com or Alex Ashley@ (321) 271-4938 or alexandra.ashley@gmail.com
Saturday April 27 11:00am-2:30pm	Lunch at the Links #19	Heritage Club 6690 Heritage Club Dr	Save the Date More to Come
Thursday May 9 6:00pm-9:00pm	Bunco Party #56	Wilder City Building 520 Licking Pike Wilder KY 41071	Info: Debbie Linneman 859-468-8826 or dzlinne@gmail.com \$20 per person
Thursday April 18 6:00pm-9:00pm	Bunco Party #56	Wilder City Building 520 Licking Pike Wilder KY 41071  Info: Debbie Linneman 859-468-8826 or dzlinne@gm \$20 per person	
Thursday October 10 6:00pm-9:00pm	Bunco Party #56	Wilder City Building 520 Licking Pike Wilder KY 41071	Info: Debbie Linneman 859-468-8826 or dzlinne@gmail.com \$20 per person

We hope you can support us in these Endeavors

## Bake Sales at CCHMC





Feb 4	Bake Sale #16	CCHMC 9am-3pm	info Cindy Burger 218-5370 cmburger@gmail.com
Feb 11	Bake Sale #56	CCHMC 9:30am-3pm	info Ruth Wiley 535-8875 ruthw@zoomtown.com
Feb 14	Bake Sale #8	CCHMC 9:30am-3pm	info Kristen Gettins 821-2789 klgettins@yahoo.com
Feb 25	Bake Sale #49	CCHMC 10am-2pm	info Gretchen Heltman 678-2139 jahman@aol.com
March 18	Bake Sale #49	CCHMC 10am-2pm	info Gretchen Heltman 678-2139 jahman@aol.com
Apr 8	Bake Sale #16	CCHMC 9am-3pm	info Cindy Burger 218-5370 cmburger@gmail.com
Apr 18	Bake Sale #56	CCHMC 9:30am-3pm	info Ruth Wiley 535-8875 ruthw@zoomtown.com
Apr 29	Bake Sale #49	CCHMC 10am-2pm	info Gretchen Heltman 678-2139 jahman@aol.com
May 10	Bake Sale #56	CCHMC 9:30am-3pm	info Ruth Wiley 535-8875 ruthw@zoomtown.com
June 3	Bake Sala #16	CCHMC 9am-3pm	info Cindy Burger 218-5370 cmburger@gmail.com
June 28	Bake Sale #56	CCHMC 9:30am-3pm	info Ruth Wiley 535-8875 ruthw@zoomtown.com
Sept 9	Bake Sala #16	CCHMC 9am-3pm	info Cindy Burger 218-5370 cmburger@gmail.com
Oct 7	Bake Sala #16	CCHMC 9am-3pm	info Cindy Burger 218-5370 cmburger@gmail.com
Oct 29	Bake Sale #56	CCHMC 9:30am-3pm	info Ruth Wiley 535-8875 ruthw@zoomtown.com
Nov 4	Bake Sala #16	CCHMC 9am-3pm	info Cindy Burger 218-5370 cmburger@gmail.com
Dec 2	Bake Sala #16	CCHMC 9am-3pm	info Cindy Burger 218-5370 cmburger@gmail.com
Dec 17	Bake Sale #56	CCHMC 9:30am-3pm	info Ruth Wiley 535-8875 ruthw@zoomtown.com

KV#45 offers our condolences to Ginny Myer and family on the passing of her mother. We all have you in our thoughts and prayers.

KV #12 sends condolences for Marsha Falknor's loss of her father.

KV #22 expresses our deepest sympathies to Niki Meiners on the loss of her beloved husband, Gary. We are your village and are here to support you and your children.

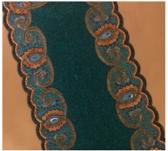


The ladies of **KV#45** enjoyed a wonderful holiday lunch and meeting at Meritage in Glendale.

KV #22 members gathered in the home of Niki Meiners. The beautiful teal and peacock were a focal point for color and joy in her home. The peacock symbolize vision, royalty, spirituality, awakening, guidance, protection, and watchfulness. We are especially appreciative of Niki's generosity to host us.

























## Ongoing Projects

Process   Proc				
Sock It Two Me  If Social year 513-777-4851 or syholdeny@aol.com for Kindervelt f	This n That Consignment	#19	Reading Rd. #A Mason OH 45040 *Drop off any item for sale (especially home furnishings) and tell them the proceeds go to KV #19. 50% of the sale price goes to	info: Maria Pagano 619-370-0983 or mpagaon72@gmail.com *Open to the public.
No Sale and Bracelet Jewelry Sale No Jeon Sa	Sock It Two Me	#45	Put your change in a sock! Save it	info: Sally at 513-777-4851 or svhvickery@aol.com
Kindervelt noticeards		#56	Going on now! Different locations	
American girl doll clothing  #16 Handmade American girl clothing  #16 Go to ShopWithScrip, com, register and buy gift cards to use at hundreds of retailers and buy gift cards to use at hundreds of retailers and restaurants. 394-169 (see to Nr.)  Servers for parties  #17 Enjoy your guests - we take care of the meast Sertup-serve-clear.  Thank you plaques  #18 Set Sertup-serve-clear.  #18 Set Sertup-serve-clear.  #18 Set Sertup-serve-clear.  #19 So. Choice of tuckers of our fundraising fiftors for cincimant Children's Hoopital Medical Center' - 315 plus to ax bridge and the server of the rectangular. Perfect hostes gift lands and server of the rectangular perfect hostes gift lands and server of the rectangular perfect hostes gift lands and server of the rectangular perfect hostes gift lands and server of the rectangular perfect hostes gift lands and server of the rectangular perfect hostes gift lands and server of the rectangular perfect hostes gift lands and server of the rectangular perfect hostes gift lands and server of the server of			and Eventer	-
American girl doll clothing #16 Handmade American girl clothing clothes range form \$2-530. That includes sewn skirts, parts, descess, hand sink sweaters, dresses, hards, swallable. Such as sport team colors, matching outfits, etc.  Shop with Scrip #30 Go to ShepWithScrip.com, register and buy gift cards to use at hundreds of retailers and restourants. 39-16% goes to IV.  Servers for parties #35 Enjoy your guests - we take care of the mess' Settle-serve-feed with the mess' Settle-serve-feed and buy gift cards to use at hundreds of retailers and restourants. 39-16% goes to IV.  Thank you plaques #45 So 7 wood and gold plaques. Reads "In Appreciation for Your Generous Support of our Fundraising Efforts for Cincinnal Children's hospital Medical Center' - 515 plus tax  Wine cork trivets #45 Wood frames - square or miles. 361 yet 777.4851 or svin/ckery@aol.com "Info: JoAnn at 683.1473 or milckman@fuse.net for Cincinnal Children's hospital Medical Center' - 515 plus tax  Wine cork trivets #49 SO 525. Hand-tied reversible fleece blankets. In-stock or ustom close the flee flee with the stock of the control of the stock or ustom close to the stock of the control of the stock or ustom close to the stock of the stock or ustom close to the stock or ustom close to the stock of the stock or ustom close to the st			· .	
clothes range form \$2-530. That includes sewn sistrs, pants, deseases, hand wist sweaters, dresses, hats, outfits etc. Occasional special orders are filled as available.  Shop with Scrip #30 Go to ShopWithScrip.com, register and by gift cards to use at resturants. 39-16% goes to IV.  Servers for parties #45 Enjoy your guests - we take care of the mess! Setup-serve-clear order of parties with the mess! Setup-serve-clear order of the mess! Setup-serve-clear order of the mess! Setup-serve-clear order or parties with the mess! Setup-serve-clear order or parties and poly gift cards to use at resturants. 39-16% goes to IV.  Servers for parties #45 Enjoy your guests - we take care of the mess! Setup-serve-clear order or parties or the mess Setup-serve-clear order order or parties or the mess Setup-serve-clear order or parties or the mess Setup-serve-clear order or parties or the mess Setup-serve-clear order orde	Kindervelt notecards	#12	Note cards available	into: Cathy at 932.3218 or chasteen.cathy@gmail.com
Servers for parties #45 Enjoy your guests - we take acre of info: Sally at \$13.777.4851 or svhvickery@aol.com the mess! Setup-serve-clear. \$20/ope person per hour shows the	American girl doll clothing	#16		clothes range form \$2-\$30. That includes sewn skirts, pants, dresses, hand knit sweaters, dresses, hats, outfits etc. Occasional special orders are filled as available. Such as sport team colors, matching outfits,
the mess! Setup-serve-Clear.  520/per person per hour  Thank you plaques  #45 Sx7 wood and gold plaques. Reads info: Sally at 777.4851 or svhvickery@aol.com  "In Appreciation for Your Generous Support of our Fundraising Efforts for Cincinnatt Children's Hospital Medical Center'' - 515 plus tax Medical Center'' - 515	Shop with Scrip	#30	and buy gift cards to use at hundreds of retailers and	Info: Suzanne at 793.0161 or pavlakis@sbcglobal.net
"In Appreciation for Your Generous Support of our Fundraising Efforts for Cincinnati Children's Hospital Medical Center" - 515 plus tax Wine cork trivets  ### Wood frames - square or restangular, Perfect hostess gift to restangular, Perfect hostess gift to restangular, Perfect hostess fill Bread mixes  ### S20-525. Hand-tied reversible fleece blankets. In-stock or custom Bean soup mix  ### 520-525. Hand-tied reversible fleece blankets. In-stock or custom Bean soup mix  ### 520-525. Hand-tied reversible fleece blankets. In-stock or custom around town and at President's council.  ### 520-525. Hand-tied reversible fleece blankets. In-stock or custom around town and at President's council.  ### 650 Pichase or sell \$25 gift cards and \$5 of the purchase price goes to Kindervelt. To order gift cards, call or email Mary Ray.  ### 650 Pichase or sell \$25 gift cards and \$5 of the purchase price goes to Kindervelt. To order gift cards, call or email Mary Ray.  ### 650 Pichase Bring Your Pop Tabs For Recycling To The Leadership Meeting And Give Them To Stacy Dur-Stainton  ### 650 Pichase Bring Your Pop Tabs For Recycling To The Membership Meeting And Give Them To Stacy Dur-Stainton  ### 650 Pichase Bring Your Pop Tabs For Recycling To The Leadership Meeting And Give Them To Stacy Dur-Stainton  ### 650 Pichase Bring Your Pop Tabs For Recycling To The Leadership Meeting And Give Them To Stacy Dur-Stainton  ### 650 Pichase Bring Your Pop Tabs For Recycling To The Leadership Meeting And Give Them To Stacy Dur-Stainton  ### 650 Pichase Bring Your Pop Tabs For Recycling To The Leadership Meeting And Give Them To Stacy Dur-Stainton  ### 650 Pichase Bring Your Pop Tabs For Recycling To The Leadership Meeting And Give Them To Stacy Dur-Stainton  ### 650 Pichase Bring Your Pop Tabs For Recycling To The Leadership Meeting And Give Them To Stacy Dur-Stainton  ### 650 Pichase Bring Your Pop Tabs For Recycling To The Leadership Meeting And Fichase Recycling To The Leadership Meeting And Fichase Recycling To The Leadership Meeting And Fi	Servers for parties	#45	the mess! Setup-serve-clear.	Info: Sally at 513.777.4851 or svhvickery@aol.com
Freed mixes #49 55. Choice of tusen, cinnamon raisin, dill, french herb, and white fleece blankets #49 50-255. Hand-tied reversible fleece blankets. In-stock or custom fleece	Thank you plaques	#45	"In Appreciation for Your Generous Support of our Fundraising Efforts for Cincinnati Children's Hospital	Info: Sally at 777.4851 or svhvickery@aol.com
Bread mixes #49 55. Choice of tuscan, cinnamon ratin, dill, french herb, and white for Gretchen at \$30.0776 or jahmit@aol.com for Gretchen and \$30.0776 or jahmit@aol.com for Gretchen and \$30.0776 or gamit@aol.com for Gretchen and \$30.0776 o	Wine cork trivets	#45	•	Info: JoAnn at 683.1473 or mdickman@fuse.net
Fleece blankets #49 \$20-525. Hand-tied reversible fleece blankets. In-stock or custom fleece blankets.	Bread mixes	#49	\$5. Choice of tuscan, cinnamon	Info: Gretchen at 530.0776 or jahmit@aol.com
Bean soup mix #57 \$6 - Available at retail locations around town and at President's council.  Benken's gift cards #68 Purchase or sell \$25 gift cards and \$5 of the purchase price goes to Kindervelt. To order gift cards, call or email Mary Ray.  Pop-tab recycling #65 Please Bring Your Pop Tabs For Recycling To The Leadership Meeting Or The Membership Meeting Or The Membership Meeting Or The Membership Meeting And Give Them To Stacy Durr-Stainton  Pay it forward at Hoxworth #76 Every Hoxworth blood donation can be credited to KV. When the intake clear k ask you "which group" say Kindervelt and write Kindervelt on your form. Or sign up as a premier donor and in the donor store, select KV as your organization.  Personalized Embroidery Gifts #78 Custom embroidered baby burpcioths (\$6), bits (\$10), burp cloth & bis sets (\$15); blankets, bear cuddle blankets, goff towels (\$10) and computer bags.  Kroger Community Rewards Kroger Gommunity Rewards KV Magnets #78 City Wide Project. KV 8 Donations for Kindervelt in Koin Boxes Clity Wide Project. KV 8 Donations for Kindervelt in Koin Boxes WV Magnets #78 City Wide Project. KV 8 Donations for Kindervelt in Koin Boxes WV Magnets #79 Search Prefect for showing your support for Kindervelt in Koin Boxes WV Magnets #79 Search Prefect for showing your support for Kindervelt in Ki	Fleece blankets	#49	\$20-\$25. Hand-tied reversible	Info: Joan at 513-479-9378 or joanpcody@hotmail.com
S5 of the purchase price goes to kindervelt. To order gift cards, call or email Mary Ray.  Pop-tab recycling #65 Please Bring Your Po Tabs For Recycling To The Leadership Meeting for The Leadership Meeting And Give Them To Stacy Durr-Stainton  Pay it forward at Hoxworth #76 Every Hoxworth blood donation can be credited to KV. When the intake clear & asks you "which group" say kindervelt and write Kindervelt on your form. Or sign up as a premier donor and in the donor store, select KV as your organization.  Personalized Embroidery Gifts #78 Custom embroidered baby burp cloths (\$6), bibs (\$10), burp cloth & bib sets (\$15); bilankets, bear cuddle blankets, golf towels (\$10) and computer bags.  Kroger Community Rewards #16 Koins For Kids Boxes #8 City Wide Project. KV 8 Donations for Kindervelt in Koin Boxes prices and the province of Kindervelt in Koin Boxes prices and the province of Kindervelt in Koin Boxes province (113-03-330) (113-03-330)  KV Magnets #3 SE Each Perfect for showing your support for Kindervelt!  Coasters with KV logo #3 These stone coasters feature the KV Info: Various Ackage of 2 for \$10.  Kroger Community Rewards #78 Info: Jenuth Roll Policy Ackage of 2 for \$10.  Kroger Community Rewards #78 Info: Jenuth Roll Policy Ackage of 2 for \$10.  Kroger Community Rewards #78 Info: Jenuth Roll Policy Ackage of 2 for \$10.  Kroger Community Rewards #78 Info: Jenuth Roll Policy Account Roll Policy	Bean soup mix	#57	\$6 - Available at retail locations around town and at President's	
Recycling To The Leadership Meeting And Give Them To Stacy Durn-Stainton  Pay it forward at Hoxworth  #76 Every Hoxworth blood donation can be credited to KV. When the intake cleark asks you "which group" say Kindervelt and write Kindervelt on your form. Or sign up as a premier donor and in the donor store, select KV as your organization.  Personalized Embroidery Gifts  #78 Custom embroidered baby burp cloths (\$56), bibs (\$10), burp cloths (\$515); blankets, bear cuddle blankets, golf towels (\$10) and computer bags.  Kroger Community Rewards  #76 Citywi Volunteer work at the gift shop. de Various days each month. Mon-Thurs (\$11:30-3:30)  KV Magnets  #78 S Each Perfect for showing your support for Kindervelt with KV logo  #78 S Each Perfect for showing your support for Kindervelt support for Kindervelt in KD go and can be purchased as a package of 2 for \$10.  Kroger Community Rewards  #78 Kroger Community Rewards  #78 These stone coasters feature the KV logo and can be purchased as a package of 2 for \$10.  Kroger Community Rewards  #78 Kroger Community Rewards  #78 Kroger Community Rewards  #78 Kroger Community Rewards  #79 Weeth The Leadership Meeting to Purchase or contact Jean Kachikis \$13-53-1277 or tastebudsjsk@mail.com  Info: Susie at susankelleyjd@yahoo.com  Info: Mary Beth at 236-6891 or meyoung@fuse.net  Info: Mary Beth at 236-6891 or meyoung@fuse.net  Info: Mary Beth at 236-6891 or meyoung@fuse.net  Info: Cece at 591.2907 or cckohlman@aol.com  info: Selly O'Nell! 513-821-6932 or soenill753@gmail.com Currently in Wyoming Pastry, Wyoming Meat Market and Gramer True Value.  Evergreen retirement Center - 230 W. Galbraith - 45215. Info: Jenny Meyer. egact@hotmail.com or 948-2316 ext. 1230  Info: See KV 3 President At Leadership Meeting to Purchase or contact Jean Kachikis 513-533-1277 or tastebudsjsk@gmail.com  Info: Caroline Cox 513-871-8783 or coxcincy@aol.com  Info: Mary Beth at 236-6891 or meyoung@fuse.net  Info: Wary Beth at 236-6891 or meyoung@fuse.net  Info: Wary Beth at 236-6891 or meyoung@fuse.net	Benken's gift cards	#65	\$5 of the purchase price goes to Kindervelt. To order gift cards, call	Info: Mary at 265-9199 or mary.ray.513@gmail.com
be credited to KV. When the intake cleark asks you "which group" say Kindervelt and write Kindervelt on your form. Or sign up as a premier donor and in the donor store, select KV as your organization.  Personalized Embroidery Gifts #78	Pop-tab recycling	#65	Recycling To The Leadership Meeting Or The Membership Meeting And Give Them To Stacy	
cloths (\$6), bibs (\$10), burp cloth & bib sets (\$15); blankets, poer cuddle blankets, golf towels (\$10) and computer bags.  Kroger Community Rewards #16  Koins For Kids Boxes #8 City Wide Project. KV 8 Donations for Kindervelt in Koin Boxes soe:ill/T53@gmail.com Currently in Wyoming Pastry, Wyoming Meat Market and Cramer True Value.  Evergreen Gift Shop Volunteers Citywi de Various days each month. Mon-Thurs (11:30-1:30) and Fridays (11:30-3:30)  KV Magnets #3 \$5 Each Perfect for showing your support for Kindervelt! \$25 Each V 3 President At Leadership Meeting to Purchase or contact Jean Kachikis 513-533-1277 or tastebudsjsk@gmail.com  Coasters with KV logo #3 These stone coasters feature the KV logo and can be purchased as a package of 2 for \$10.  Kroger Community Rewards #78  Kroger Community Rewards #55  Kroger Community Rewards #19  Info: Jecke 4591.2907 or cckohlman@aol.com info: Shelly O'Neill 513-821-6032 or soe:ill/T53@gmail.com Currently in Wyoming Pastry, Wyoming Meat Market and Cramer True Value.  Evergreen retirement Center - 230 W. Galbraith - 45215. Info: Jenny Meyer. egact@hotmail.com or 948-2316 ext. 1230  See KV 3 President At Leadership Meeting to Purchase or contact Jean Kachikis 513-533-1277 or tastebudsjsk@gmail.com  Info: Cece at 591.2907 or cckohlman@aol.com info: Shelly O'Neill 513-821-6032 or soe:ill/T53@gmail.com Currently in Wyoming Pastry, Wyoming Meat Market and Cramer True Value.  Evergreen retirement Center - 230 W. Galbraith - 45215. Info: Jenny Meyer. egact@hotmail.com or 948-2316 ext. 1230  See KV 3 President At Leadership Meeting to Purchase or contact Jean Kachikis 513-533-1277 or tastebudsjsk@gmail.com  Info: Cece at 591.2907 or cckohlman@aol.com info: Shelly O'Neill 513-624-9112 or jholschuh@cinci.rr.com  Info: Cece at 591.2907 or cckohlman@aol.com info: Shelly O'Neill 513-624-9112 or jholschuh@cinci.rr.com  Info: Shelly O'Neill 513-821-6032 or soe:ill/T53@gmail.com  Info: Cece at 591.2907 or ckohlman@aol.com info: Shelly O'Neill 513-821-6032 or soe:ill/T53@gmail.com  Info:	Pay it forward at Hoxworth	#76	be credited to KV. When the intake cleark asks you "which group" say kindervelt and write Kindervelt on your form. Or sign up as a premier donor and in the donor store, select	Info: Susie at susankelleyjd@yahoo.com
Koins For Kids Boxes #8 City Wide Project. KV 8 Donations for Kindervelt in Koin Boxes info: Shelly O'Neill 513-821-6032 or soenill753@gmail.com Currently in Wyoming Pastry, Wyoming Meat Market and Cramer True Value.  Evergreen Gift Shop Volunteers Citywi de Valunteer work at the gift shop. Various days each month. Mon-Thurs (11:30-1:30) and Fridays (11:30-3:30)  KV Magnets #3 \$5 Each Perfect for showing your support for Kindervelt! See KV 3 President At Leadership Meeting to Purchase or contact Jean Kachikis 513-533-1277 or tastebudsjsk@gmail.com  Coasters with KV logo #3 These stone coasters feature the KV logo and can be purchased as a package of 2 for \$10.  Kroger Community Rewards #55 info: Jendy Holschuh 513-624-9112 or jholschuh@cinci.rr.com  Kroger Community Rewards #15 info: Jackie Clough 402-850-8571 or	Personalized Embroidery Gifts	#78	cloths (\$6), bibs (\$10), burp cloth & bib sets (\$15); blankets, bear cuddle blankets, golf towels (\$10) and	
For Kindervelt in Koin Boxes  soenill753@gmail.com Currently in Wyoming Pastry, Wyoming Meat Market and Cramer True Value.  Evergreen Gift Shop Volunteers  Citywi de Various days each month. Mon-Thurs (11:30-1:30) and Fridays (11:30-3:30)  KV Magnets  #3 \$5 Each Perfect for showing your support for Kindervelt!  See KV 3 President At Leadership Meeting to Purchase or contact Jean Kachikis 513-533-1277 or tastebudsjsk@gmail.com  Coasters with KV logo  #3 These stone coasters feature the KV logo and can be purchased as a package of 2 for \$10.  Kroger Community Rewards  #78 info: Wendy Holschuh 513-624-9112 or jholschuh@cinci.rr.com  Kroger Community Rewards  #55 info: Jenny Meyer. egact@hotmail.com or 948-2316 ext. 1230  See KV 3 President At Leadership Meeting to Purchase or contact Jean Kachikis 513-533-1277 or tastebudsjsk@gmail.com  Info: Caroline Cox 513-871-8783 or coxcincy@aol.com  info: Wendy Holschuh 513-624-9112 or jholschuh@cinci.rr.com  info: Tammy Booth 859-7763 or boothpcfs@aol.com  Account # GF148  Kroger Community Rewards  #19				
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support for Kindervelt! or contact Jean Kachikis 513-533-1277 or tastebudsjsk@gmail.com  Coasters with KV logo #3 These stone coasters feature the KV logo and can be purchased as a package of 2 for \$10.  Kroger Community Rewards #78 info: Wendy Holschuh 513-624-9112 or jholschuh@cinci.rr.com  Kroger Community Rewards #55 info: Tammy Booth 859-7763 or boothpcfs@aol.com Account # GF148  Kroger Community Rewards #19 info: Jackie Clough 402-850-8571 or	Evergreen Gift Shop Volunteers		Various days each month. Mon- Thurs (11:30-1:30) and Fridays	Evergreen retirement Center - 230 W. Galbraith - 45215. Info: Jenny Meyer. egact@hotmail.com or
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Kroger Community Rewards #78 info: Wendy Holschuh 513-624-9112 or jholschuh@cinci.rr.com  Kroger Community Rewards #55 info: Tammy Booth 859-7763 or boothpcfs@aol.com Account # GF148  Kroger Community Rewards #19 info: Jackie Clough 402-850-8571 or	Coasters with KV logo	#3	logo and can be purchased as a	
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