



Kindervelt

"Together We Can Make A Difference"

KV PEACe

Kindervelt Psychiatric Emergency Assessment Center

VOLUME 20 ISSUE 4
December 2019



Thriving During the Holidays

Regina Vogt-Purdon, LISW-S

The holiday season can be a time of increased stress for both children (and adults!) alike. It's a time of high emotion for children because of changes in routine, time spent in large groups, and expectations for good behavior. Here are some tips for helping the children you love not only survive but thrive during the holiday season:

- Be realistic with your expectations of how your child should behave during this time of increased activity. For example, it is impractical to expect a 4-year-old to shop for 3 hours, attend a holiday party, and then attend a church service without a single tantrum. Listen to your child and strive for balance. If he or she is irritable, some down time at home is likely in order.
- Check in with your child about how he or she is feeling about upcoming family events, and come up with a game plan in advance. i.e. "I know you sometimes get nervous about seeing your cousin Tina because she has made fun of you in the past. How are you feeling about seeing her tomorrow? Let's talk about how we can handle it if she upsets you."
- Care for your own needs, both emotional and physical. Our children can feel when we're depressed, anxious, or burnt out. Rely on your personal support systems (family and friends) and professional support systems (mental health counselors and medical professionals) for extra reinforcement, both physical and emotional. Consider checking Groupon or CincySavers.com for deals on a massage or facial for yourself!
- Get some sunshine! The weather can be cold and gloomy this time of year, but human beings need sunlight to regulate their mood. On days that aren't too bitter cold, bundle yourself and the kids up, and play outside! Even just a half hour will make a huge difference.



2019 - 2020 KV Board of Trustees

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kvpresident@kindervelt.org

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Let the Good Times Bowl
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From the President



Wow, I can't believe it's December already! The holidays bring so many memories for all of us. We get to spend time with our families and friends enjoying sparkling lights, shopping, and parties. I'm taking time to think about our Kindervelt members. Each president has shared many successful experiences of fundraising and relationship-building across the city. I appreciate your hard work and dedication. Thank you so much for being a part of my life.

Kindervelt's fundraising efforts continue to be a blessing for children and their families. The 2019 Kindervelt Kraft's was a huge success. Event Chair, Diana Peters, and her wonderful committee organized a fantastic craft show at Seton High School and continued with the final sale at the hospital. Kraft Reps continue to amaze me with their creative items and displays. Kraft's will be featured during the Holiday Show at Findlay Market the weekend of December 7th & 8th. This event will shed continued light on Kindervelt and further spread our mission to future partners in Cincinnati.

Valerie Taylor, our Nominating Chair, will begin filling the positions of next year's Board of Trustees and Citywide Event Chairs with the help of her committee. If you are interested in being involved in a citywide capacity, contact Valerie at kvnomchair@kindervelt.org. I encourage you to get involved on the citywide level as it allows you to see the fruits of our unified effort. It's been such a blessing in my life.

On behalf of myself and the Citywide Board of Trustees, we wish you a joyous holiday season with much peace and happiness. We look forward to the New Year as we strive for success in our support of Cincinnati Children's Division of Child and Adolescent Psychiatry Emergency Center (KV PEACE). Cheers to a happy, healthy 2020 for our entire Kindervelt family!

Happy Holidays,

Bonnie Hueneman
Citywide President



TidBITS

KV #3 had a very successful Make it Bake it Fake it for our November meeting. Members and guests gathered at Joann H. house for drinks, food and some aggressive bidding for many wonderful items. Thanks to everyone who participated, we had a lot of fun while raising funds.

Our **thoughts** and **prayers** are with Andrea K. and her family as they get back on their feet after a fire in their home. So grateful no one was hurt.

KV #22 wishes our friends and family a bountiful Thanksgiving!



KV #12 and their 4th Annual Golf Outing at Majestic Springs Golf Club in Wilmington, OH, September 22.

KV #56 sends out a special thank you to both Debbie Linneman and Sheila Horan for work on Silent Auction packages. It was awesome. Also thanks to Libby Baker and Sheila Horan for working the auction for the Fall Event. Thank you Tracy Smith for chairing. Fun evening! Also, thanks so much to all our crafters. Everything looked great and sales were good. Many different items this year for Kindervelt Krafts. Thanks to our small group for volunteering to work the sales at the different locations. Hope everyone had a Blessed Thanksgiving and cheers for the Holy holidays.

KV #68 members have been busy crafting, baking and volunteering at events. Teamwork is making a difference together.

Many "Thanks" to Cindy Metz for being the hostess for our November meeting.

Kindervelt **Kraft** Chair Needed for Next Season

Chairing an event is a lot of fun and an opportunity to work with wonderful Kindervelt members who will give you lots of help.

If you're interested in chairing this committee or would like to nominate someone, email Val Taylor at valerietaylor@cinci.rr.com



Presidents from North Region presenting at Leadership meeting

Condolences



KV #16 would like to express our deepest sympathy to Cindy and Jim Burger on the loss of her son Andrew. All of our thoughts and prayers are with you and your family at this time.

KV #77 are sending condolences to Brenda Bearden who lost her dog Jax. Last month she unexpectedly lost her sister-in-law.

KV #8 sends condolences to Cathy Brewer on the passing of her father-in-law.

KV #22 expressing condolences to member Gale McLaughlin in the recent passing of her father and Amy Rosenberg in the recent passing of her father-in-law and mother-in-law.

KV #77 offer prayers for strength, courage and health for Janice Curran who is battling health issues.

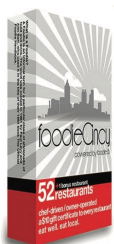
Happy belated birthday (in November) to Mary Jo Hoffman and Carol Zacher, members of **KV #77**

More News



Buy a Foodie Cincy deck and support Kindervelt!

**GET \$10 OFF
AT 53 LOCAL
RESTAURANTS
INCLUDED IN THIS
DECK OF CARDS.**



52 restaurants ⁺² a \$10 gift certificate to 53 restaurants +1 \$5 gift certificate	
Greater Cincinnati Ohio A Tavola Bar + Trattoria Alfio's Buon Cibo Andy's Mediterranean Grille Bite Restaurant Branch BrewRiver Creole Kitchen Brown Dog Café Casa Figueroa Chez Renée French Bistrot Clough Crossings C&M BBQ Grill Copper Blue Corner Bistro New Asian Court Street Lobster Bar Crown Republic Gastropub Dilly Bistro Divine Appetite Café Fireside Pizza Goodies BBQ Heritage Tastings Laszlo's Iron Skillet Meritage Mt. Adams Bar & Grill Nation Kitchen & Bar Out Of Thyme Kitchen Studio Primavista Red Rose Pizza Revolution Rotisserie	Ruth's Parkside Café Slaters Pub Spoon & Cellar Tati's Ale House Taglio Tano Bistro & Catering Taste of Belgium Tella Bar + Kitchen The Butcher & Barrel The Littlefield The National Exemplar Toast & Berry Urban Grill On Main Washington Platform Woodhouse Kitchen + Bar Zula Restaurant + Wine Bar
Northern Kentucky Bean Haus Bakery & Café - Covington Grassroots & Vine - Ft. Thomas Hoffbrauhaus - Newport Mokka & The Sunset - Newport Parlor On Seventh - Covington Purple Poullet - Dayton The Elusive Cow Café - Bellevue The Fairfield Market - Bellevue The Farmstand Market & Café - Union Trotta Steak & Seafood - Dayton	

\$20

12 New Restaurants for 2020!!

Make arrangements to get yours!!!

Contact Mindi Williams

513-324-7640 or mindi.williams@gmail.com

KV #8 sends a heartfelt thank you to Wendy Knight, founder of Lemons and Limes, for opening her beautiful shop to Kindervelt. She is dedicated to supporting local causes and we look forward to visiting Lemons and Limes again!

A special thank you to Teresa Lange and Shelly O'Neil, the chairs for our riverboat event, Eye on the Ohio. Congratulations on such a successful event!

They also wish to welcome two new members, Sally Sackett and Laura Dickerson.

KINDERVELT KRAFTS 2019

AWESOME JOB, LADIES

October 4, 2019

Sale @ The Hospital

\$5251.98

November 2, 2019

Sale @ Seton Hospital

\$9,259.11

November 18, 2019

Sale @ The Hospital

\$5491.79

Krafts 2019 is coming to a close with only two more sale days

Findlay Market

Sat, Dec 7th 8 AM-6 PM

Sun, Dec 8th 10 AM-4 PM

There are still spots to volunteer, two hour shifts. It should be a fun time to be at Findlay Market as it is Winterfest. Many activities throughout the two days.

To sign up: <https://signup.com/client/invitation2/secure/3094846/false#/invitation>

If you have any questions , please don't hesitate to contact me dianaqk@fuse.net or 513-451-1750 (h) and 513-368-3031(c)

Diana Peters
KV Krafts

CINCINNATI CHILDREN'S

THE DIVISION OF CHILD AND ADOLESCENT PSYCHIATRY HOSPITAL TOURS

COLLEGE HILL FACILITY TOUR

Monday, April 27, 2020

10:00 am – 11:30

DIVISION OVERVIEW and KV PEACe (Kindervelt Psychiatric Emergency Assessment Center)

Monday, March 2, 2020

1:00 pm - 2:15 pm



Evergreen Retirement Community is looking for volunteers to work in the Kindervelt Gift Shop. The shop is open 11:30-1:30 Monday through Thursday. Fridays 11:30 to 3:30. The funds from the shop go to Kindervelt so if you can help call Carrie Laube 513-655-2232 or email

CLaube@seniorlifestyle.com



Kindervelt Travel Fundraiser

Raising money for Kindervelt is as simple as taking a vacation!

Kindervelt has partnered with The Vacationeer so you and your friends and family can have fun while raising funds. Kindervelt member and Cincinnati native, Amanda Gibson is a Travel Agent at The Vacationeer and when you book a vacation with her, 25% of the net commission will go back to Kindervelt.

It's as easy as 1,2,3....

1. Contact [Amanda](#) and book your dream vacation.
2. Have an amazing time!
3. The Vacationeer sends Kindervelt a check.

Amanda Gibson, Travel Agent

amanda@thevacationeer.com

<https://www.facebook.com/amandathevacationeer>

@amandathevacationeer



The Vacationeer is an independent, full-service travel agency of 50+ trained agents dedicated to making your vacation experiences as Magical as possible. It is completely FREE to work with us, and we will monitor new promotions and pricing to make sure you always get the best possible deal. We specialize in Disney Destinations, including Walt Disney World®, Disneyland®, Disney Cruise Line, Adventures by Disney®, and Aulani, however, we can book all major cruise lines, hotel chains, all-inclusives, tour packages, and more.



Kindervelt



Kindervelt #12

The Lebanon Lambs

Annual BINGO Fundraiser

Join us Friday, March 6th, 2020, for a night of fun and friendship for a good cause. All proceeds benefit Kindervelt Psychiatric Emergency Assessment Center (KV PEAC) of Cincinnati Children's Hospital.

Merchandise prizes only - no cash awards

Bingo cards are \$5.00 each, 3 for \$10.00 and 6 for \$20.00

Raffle Baskets and Split the Pot

Cash or checks only

Doors open at 6:30 pm; the game begins at 7:00 pm

Sibcy Cline Realtors Building

103 Oregonia Road

Lebanon, OH

Any questions, please contact Marsha at kindervelt12@kindervelt.org

INTERESTED IN SPENDING A WEEK IN FLORIDA?

Well here's your chance to win a week's stay in a Marriott Resort in Orlando or Ft. Lauderdale. The winner has their choice from these 2 locations!

REFER a Seller or Buyer to Tom or Julie Canning with Comey & Shepherd Realtors during 2019, and upon the closing of that sale or purchase through them, you will be entered into a drawing for the use of a 2-Bedroom Villa at Marriott's BeachPlace Towers in Ft. Lauderdale, Florida or a 3-Bedroom Villa at Marriott's Imperial Palms in Orlando, Florida the week of October 3-10, 2020 (location your choice).

And, yes, you can **refer yourself!** Buy or Sell through Tom or Julie in 2019, and upon the closing of your property through them, you will be entered!

Drawing will be held **December 31, 2019.**

PLUS your referred Buyer or Seller will also be entered into a separate

Drawing if they close their transaction with Tom and Julie in 2019!

For more information, please contact Sharon Canning @ 703-5429

AND DON'T FORGET – IN ADDITION, TOM & JULIE WILL DONATE 5% OF THEIR LISTING OR SALE COMMISSION ON THE TRANSACTION TO KINDERVELT!

Wyoming Kindervelt's

Christmas Tree Sale

Benefiting Cincinnati Children's Hospital

Saturday, December 7th

9:00 am - 4:00 pm

Sunday, December 8th

12:00 pm - 4:00 pm

Wyoming High School Tennis Courts

off Springfield Pike near Fleming Rd.

Sunday Delivery Available \$10 (Within 10 miles)

Questions: 513-582-6787

Also join us at the
Holiday One Stop Shop
at Wyoming Civic Center
Saturday 10:00 - 3:00



Kindervelt
of Cincinnati Children's Hospital



Kroger Community Rewards

Kroger Community Rewards	# 16	info: Cece at 591.2907 or cckohlman@aol.com
Kroger Community Rewards	# 19	info: Christine Decker, 513-317-3550 or cdeckers@cinci.rr.com
Kroger Community Rewards	# 55	info: Tammy Booth 859-7763 or boothpcfs@aol.com Account # GF148
Kroger Community Rewards	# 56	info:Linda Lunceford, 859-512-0595 or linda@kylunceford.com
Kroger Community Rewards	# 78	info: Wendy Holschuh 513-624-9112 or jholschuh@cinci.rr.com

Annie's Homemade Sweets

When you make a purchase at Annie's, in-person or online, mention Kindervelt and 30% of your purchase will be donated to KV #57.

Annie ships nationwide.

This is an on-going partnership between Annie's and KV 57, inspired by this small business's belief in Kindervelt's mission. Giveback donations apply to all candy purchases, not just those made for Easter. This includes special orders.

Check out Annie's candy online at <https://www.annieshomemadesweets.com/>

For more information call, text or email Annie at 513-899-3651 or AnniesHomemadeSweets@gmail.com



Save the Date

BUNKO

March 21st given by KV #30.



Bake Sales



Dec 2	Bake Sale #16	CCHMC 9am-3pm	info Cindy Burger 218-5370 cmburger@gmail.com
Dec 4	Bake Sale #68	CCHMC 9:30am-2pm	info: Pat Wahl 513-608-1257 or plwahl113@yahoo.com
Dec 17	Bake Sale #56	CCHMC 9:30am-3pm	info: Linda Lunceford, 859-512-0595 or linda@kylunceford.com

MARK YOUR CALENDARS

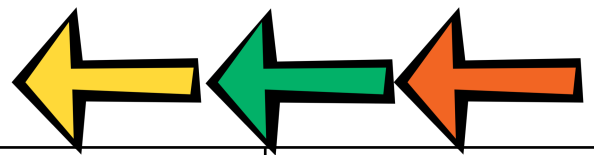


Nov 1-Dec 15 for sales	KV #78 Babson Park Luminaries	Babson Park Subdivision	Info: Katrina Smith (513)505-3243 or nsmith1@cinci.rr.com
Nov 1-Jan 31, 2020	Foodi Decks	See page 4 of Newsletter	Info: Mindi Williams, 513-398-3573 or mindi.williams@gmail.com
Tuesday & Wednesday Dec 3 & 4	KV #8 Christmas Delivery and Set Up	Wyoming Tennis Courts, Springfield Pike, Wyoming, OH	Info: Kelly Mahle, 513-582-6787 or kellymahle@gmail.com
Thursday Dec 5	KV #29 Luncheon Mtg.	Trio's, 7565 Kenwood Rd., Cincinnati, OH	Info: Barbara Dahl, 513-248-1552 or Barbara.Dahl@fuse.net
Saturday & Sunday Dec 7, 9 am-5 pm Dec 8, 12 pm-5 pm	KV #8 Christmas Tree Sale	Wyoming Tennis Courts, Springfield Pike, Wyoming	Info: Kathy Sanborn, 513-324-2823 or jmsb32@aol.com. Open to the Public
Saturday Dec 7, 10 am-3 pm	KV #8 One Stop Shop	Wyoming Civic Center, Corner of Worthington & Springfield Pike	Info: Shelly O'Neill 513-503-2247 or soneill753@gmail.com
Sunday Dec 8, 6:00 pm	KV #30 Christmas Party	deSha's Restaurant 11320 Montgomery Road, 45249	Info: Ann Jonson, 513-683-4616 or ann.j@fuse.net. Open to KV 30 members and guests!
Tuesday, December 10, 6:30-9:30 pm	KV #57 December Meeting	The Golden Lamb, 27 S. Broaway St., Lebanon, OH	Info: Jane DiMaggio, 513-227-6212 or vijamobear@aol.com
Tuesday, December 10	KV #68 December Meeting Christmas Dinner	Price Hill Chili, 4920 Glenway Ave., Cincinnati, OH	Info: Pat Wahl, 513-608-1257 or plwahl113@yahoo.com



MORE EVENTS TO COME IN JANUARY

Ongoing Projects



Annie's Homemade Sweets Candy Sale	#57	www.Annieshomemadesweets@gmail.com to see all the goodness that can be found. Just mention KV57 when purchasing online or in the store.	Info: Bebe Raupe 513-677-2870 or braupe@yahoo.com
This n That Consignment	#19	This n That Consignments 3501,600 Reading Rd. #A Mason OH 45040 *Drop off any item for sale (especially home furnishings) and tell them the proceeds go to KV #19. 50% of the sale price goes to KV.	Info: Maria Pagano 619-370-0983 or mpagaon72@gmail.com *Open to the public.
Sock It Two Me	#45	Put your change in a sock! Save it for Kindervelt.	Info: Sally at 513-777-4851 or svhvickery@aol.com
KV Snap and Bracelet Jewelry Sale	#56	Going on now! Different locations and Events.	Info: Libby Baker 859-640-8834 or libaker1020@aol.com
Sterling Silver KV Kids Pendant	#56	Price to be determined.	Info: Linda Lunceford 859-512-0595
KV logo pins	#11	KV logo pins	Info: Shirley at 513-677-2592 or semorand@yahoo.com
Kindervelt notecards	#12	Note cards available	Info: Cathy at 932.3218 or chasteen.cathy@gmail.com
The Vacationeer - Travel Fundraiser	#78	Schedule your vacation with The Vacationeer & Kindervelt get 25%	Info: Amanda Gibson, 513-207-4850 or amanda@thevacationeer.com. Amanda is a Travel Agent at The Vacationeer and also a KV member. When you book with her 25% of the net commission will go back to Kindervelt.
American girl doll clothing	#16	Doll clothes range from \$2-\$30. That includes sewn skirts, pants, dresses, hand knit sweaters, dresses, hats, outfits etc. Occasional special orders are filled as available. Such as sport team colors, matching outfits, etc.	Info: Cece at 591.2907 or cckohlman@aol.com
Shop with Scrip	#30	Go to ShopWithScrip.com, register and buy gift cards to use at hundreds of retailers and restaurants. 3%-16% goes to KV.	Info: Suzanne at 513-827-6534 or pavlakis@sbcglobal.net
Cork Trivets	#45	They are \$15 for a single and \$25 for a double	Info: Kathy Enos, 513-231-5073 or kbenos626@yahoo.com.
Thank you plaques	#45	5x7 wood and gold plaques. Reads "In Appreciation for Your Generous Support of our Fundraising Efforts for Cincinnati Children's Hospital Medical Center" - \$15 plus tax	Info: Mary Anne Stenger 513-874-9931 or mstern11844@aol.com
Granite Cheese Boards	#45	They are \$10 for medium, \$15 for a large and \$20 for extra large.	Info: Kathy Enos, 513-405-3545 or kbenos626@yahoo.com
Felt Wall Hangings	#45	There is a Turkey and a Snowman for \$30 and a Birthday Banner for \$20.	Info: Chris Toth, 513-523-3696 or ctoth622@hotmail.com
Bread mixes	#49	\$5. Choice of tuscan, cinnamon raisin, dill, french herb, and white	Info: Gretchen at 530.0776 or jahmit@aol.com
Fleece blankets	#49	\$20-\$25. Hand-tied reversible fleece blankets. In-stock or custom orders.	Info: Joan at 513-479-9378 or joanpcody@hotmail.com
Bean soup mix	#57	\$6 - Available at retail locations around town and at President's council.	Info: Nancy at 513-476-9340 or e_n_gerstner@fuse.net
Pop-tab recycling	#65	Bring Your Pop Tabs For Recycling To The Leadership Meeting Or The Membership Meeting And Give Them To Stacy Durr-Stainton	Info: Stacy 513-686-0988 or stacydurrstainton@yahoo.com
Pay it forward at Hoxworth	#76	Every Hoxworth blood donation can be credited to KV. When the intake clerk asks you "which group" say Kindervelt and write Kindervelt on your form. Or sign up as a premier donor and in the donor store, select KV as your organization.	Info: Susie at susanelleyjd@yahoo.com
Personalized Embroidery Gifts	#78	Custom embroidered baby burp cloths (\$6), bibs (\$10), burp cloth & bib sets (\$15); blankets, bear cuddle blankets, golf towels (\$10) and computer bags.	Info: Mary Beth at 236-6891 or meyoung@fuse.net
Koins For Kids Boxes	#8	KV 8 Donations for Kindervelt in Koin Boxes	Info: Cathy Moore at Cathyemoore@outlook.com or Jill Prendergast at jill.prendergast@gmail.com *Currently in Wyoming Pastry, Wyoming Meat Market
Evergreen Gift Shop Volunteers	City-wide	Volunteer work at the gift shop. Various days each month. Mon-Thurs (11:30-1:30) and Fridays (11:30-3:30)	Evergreen retirement Center - 230 W. Galbraith - 45215. Info: Jenny Meyer. egact@hotmail.com or 948-2316 ext. 1230