

Kindervelt

The Division of Critical Care **Medicine and the Pediatric** Intensive Care Unit at Cincinnati **Children's Hospital**

> February 2024 Newsletter Volume 24, Issue 8

Calendar Ongoing Projects Membership Board of Trustees

From the President

Roses are red. Violets are blue. As we look ahead, we know we need you! Happy Valentine's Day friends of Kindervelt! I know we all share a love for Kindervelt and what it represents. Volunteering expresses a gift from the heart and a willingness to make a difference in the lives of others. Our Nominating Committee is looking for willing hearts to become more involved and join our leadership team. Please consider reaching out to our Nominating Chair, Linda Deters, at kvnomchair@kindervelt.org to discuss all the possibilities. We would love to have you on our team!

Registration opens February 5th for KV Bowl; "Let's Strike Up the Fun!" Get your team together and join us on Saturday, March 2nd at Stone Lanes for a family friendly afternoon. KV Bowl is a fun citywide event and I hope to see you there!

Calling all crafters! KV Krafts is hosting our final show of the year on February 28th at Children's Hospital in the Sabin Auditorium. I'm looking forward to the Easter bunnies, shamrocks, florals and more that will surely be hopping and blooming at the KV Krafts Spring show.

I encourage you to take a look at our "Upcoming Events" section in this newsletter and see what's happening around the city and in your neighborhood.

Thank you for your willing heart.

Your friend in Kindervelt,

Cindy Burger Kindervelt City President



"Volunteers do not necessarily have the time; they have the heart." ~ Elizabeth Andrew

Make an Impact by Sending a Valentine!

Valentine's Day is right around the corner, and you can send a smile to a child spending the holiday at Cincinnati Children's Hospital by sending an e-Card. There's no cost to you, but all the feels will be priceless.

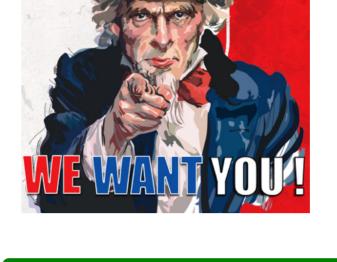
Send a Valentine!

Nominating Committee

The nominating committee is working to fill the Board of Trustee positions for the fiscal year 2024-2025. This is a great opportunity to share your talents and interests by becoming a BOT member. New members can offer fresh ideas to keep Kindervelt thriving as the wonderful organization it is.

Please take a few minutes to look at the Qualities & Requirements by clicking on the button for Board Position descriptions. Feel free to reach out to me with any questions. Nominate yourself or someone else you think might want to get more involved. Send nominations to:

Linda Deters kvnomchair@kindervelt.org or Ideters@huff.com

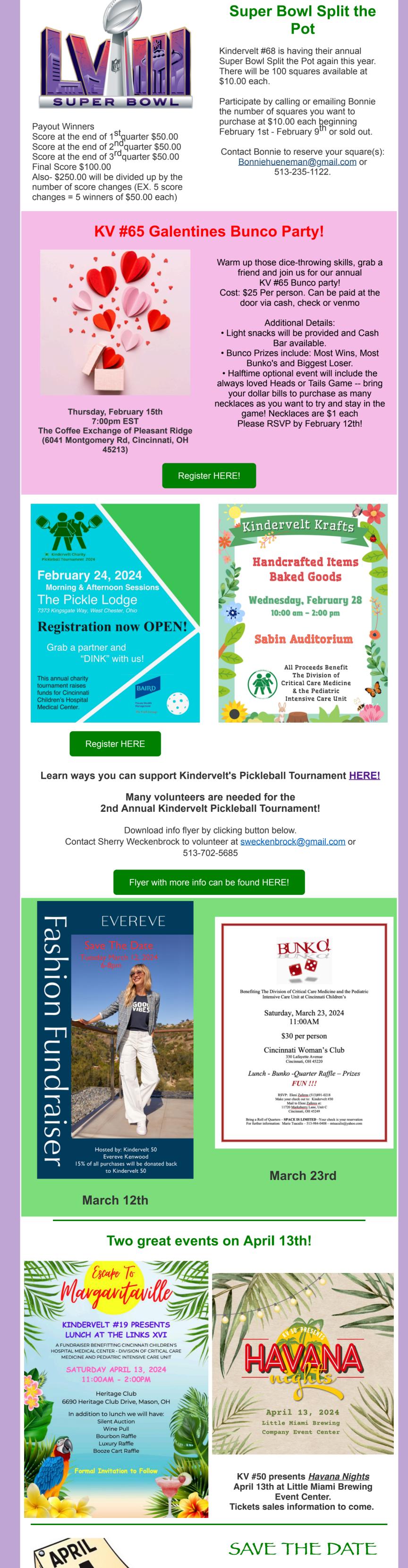


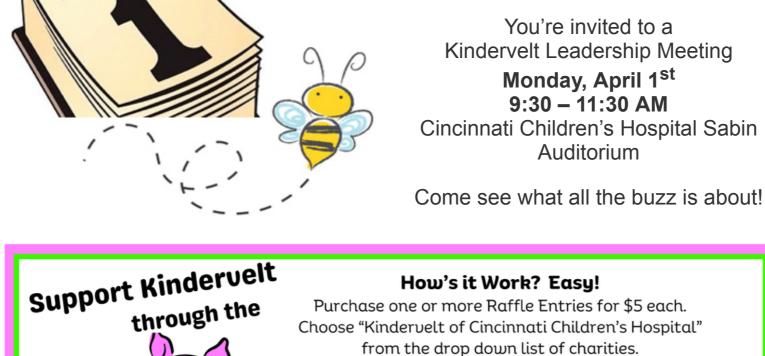
Qualifications & Requirements HERE

Upcoming Events

Flyers are downloadable. Just click on the flyer!







PIGGE

presented by:

Yards

For each Pig purchased, you have a chance to win and Kindervelt receives 100% of your donation! Drawing will be held May 5, 2024 GRAND PRIZE: \$10,000 Cash* **RAFFLE EVER** (\$5,000 to the charity and \$5,000 to the winning ticket holder) SECOND PRIZE: \$5,000 Cash* **Stock**

(\$2,500 to the charity and \$2,500 to the winning ticket holder) **THIRD PRIZE: Cincinnati Get-Away Experience** (\$1,500 in Downtown Cincinnati, Inc. vouchers)

Piggest Raffle Tickets

Pickleball Raffles

So many ways to support this great event without playing Pickleball. Check out these awesome raffles!



How to Purchase Raffle Tickets!

Be on the Lookout!

February 3rd - KV#50 Shred 415 Exercise Class February 24th - KV #8 & KV #45 Pickleball Tournament February 28th - Kindervelt Krafts @ CCHMC March 2th - KV Bowl @ Stone Lanes March 12th - KV#50 Evereve Shopping March 23rd - KV #30 Bunco Luncheon April 13th - KV#19 Lunch at the Links April 13th - KV #50 Havana Nights **April 1st - City Leadership Meeting** May 4th - KV #77 Spring Luncheon & Fashion Show May 15th - KV Annual Meeting at Cincinnati Woman's Club

Kindervelt Krafts

Kindervelt Krafts will have the final Kraft show and Bake sale at Sabin Hall on **February 28th**. Details will be in February Leadership meetings mailboxes. Keep crafting! If you have any questions please contact Bonnie Hueneman at Bonniehueneman@gmail.com or 513-235-1122.



The 2023-24 Kindervelt year is more than half over and we still have much more on the calendar!

One important item is the Barbara Fitch Award nomination process. This award is Kindervelt's way of recognizing one our own who exhibits an enthusiastic, positive attitude towards the goals of Kindervelt. Nomination forms and a cover letter which explains the award and past winners can be found on the Kindervelt website under the "Forms" tab.

Download Nominating Form

The deadline for submissions is April 15. The award will be presented at the Annual Meeting on May 15.

Download Cover Letter

Member Spotlight -Nancy Sanchez

To know Nancy is to LOVE her!

She grew up and enjoyed her early years in Indiana. Both she and her husband, Joe were high school sweethearts. They attended Indiana University (IU) with Joe being accepted into medical school and Nancy working in the Health Care field.



Nancy Sanchez, long time Kindervelt member

A job at St. Luke Hospital (now St. Elizabeth) in Ft. Thomas brought them to Northern Kentucky. Joe changed positions and they moved to Montgomery and settled in and began raising their 3 daughters.

Kindervelt should have the song, BUS STOP, BUS STOP as our signature song. So many young women have been recruited as members while meeting other members at their kid's school BUS STOPS. What a great way to learn about Kindervelt and become involved. Nancy joined and got right into the Kindervelt family. At first, she was a member of KV#22 in Montgomery with Sue Cosby. Sue's group was always active, and Nancy did many jobs with #22.

The family was growing, they again moved, and Nancy joined #49 (Steeple Chase) as that group was in her neighborhood. She had met many of the members who also were tennis players competing at Harpers Tennis and Racquet Club. Kindervelt membership encourages involvement and Nancy certainly answered the call. She has been Group #49 President for many years, Treasurer, Markt, now Kindervelt Krafts rep, City Wide-Tennithon, served on many Gala Committees and Nominating Committees. Nancy is currently Co-Chair of KV Bowl: "Strike Up the Fun" on March 2nd at Stone Lanes.

One of Nancy's favorite things is attending our KV Leadership meetings. She said that "it is a great learning experience and opportunity to meet newer members." She also has coached tennis at Mt. Notre Dame HS and worked at several area Tennis clubs. Coincidently, she and Sheila Horan have played tennis against each other's inter club teams over the years!

Nancy also enjoys reading, hiking, gardening and now being a grandmother to their new baby Grandson. Life has come full circle. She feels that "Everything Happens for a Reason".

Thank you, Nancy as your reason is Kindervelt! Submitted by Sheila Horan

Group News & Tidbits

KV #3 Members and their spouses gathered on a cold night in January for a delightful cocktail party at the home of group president Jean Kachikis. The theme was a Pound Party, with guests bringing wrapped items, each weighing a pound. Items ranged from coffee to candy to bacon queso. For \$20, guests then opened the packages with spirited Yankee swap rules. It was so great to get together and was an opportunity for our new members to socialize and get to know the group!

KV #19 Mark your calendars for another fun afternoon with the women of Kindervelt 19 during their 16th annual Lunch at the Links at the Heritage Club. This year LATL will be on Saturday, April 13. The theme is Escape to Margaritaville! Lunch, a silent auction, wine pull, luxury jewelry raffle and much more will be part of the festivities!

KV #22 had a boisterous get together at the home of Marilyn Jacoby. Co-Presidents Bonnie and Sue did a great job of keeping the group on task with lots of laughter and conversation. We had some tasty appetizers and later shared those recipes.

KV #45 welcomed new member Susan Guckert in January. Susan was a very active KV member for years, but has been on hiatus. Welcome back, Susan!

KV #68 would like to thank Cindy Metz for opening her home for our January meeting and also providing the dessert.



KV #50 Our Special Projects team is hosting a Sip & Shop Fashion fundraiser at Evereve in Kenwood Town Centeron Tuesday, March 12th from 6-8pm. This is going to be a great event where members, friends and anyone who mentions KV #50 can shop the latest spring looks at one of the best women's clothing stores, Evereve! Evereve will showcase the latest fashion trends, pull some looks for Havana Nights and best of all, **15%** of sales generated during our event will be donated to Kindervelt 50.

KV #77 supported two families at Christmas with our meeting at Alex Nolte's home. Always such a wonderful feeling to help in a small way at that time of year. We are busy planning our Spring Luncheon/Fashion Show which will be May 4th at Marriott North ~ Union Center in West Chester.

KV #78 at their January meeting time was spent discussing future projects and crafts. It was lightly attend since we had a few snowbirds missing and one who was in Antarctica!

KV #19 The women of KV #19 would like to send their deepest condolences to two members of Kindervelt 19. First, to Leigh Anne Diekrogeger who lost her mother-in-law earlier this month. She was 92 years old. Second, to KV #19 president, Jean Reisinger who lost her sister, Susan Reisinger Goedde, this month after a two-year long battle with pancreatic cancer. Our thoughts and prayers are with Leigh Anne, Jeanne and their loved ones during this time!

KV #68 would like to extend our sincere sympathy to Diana Peters on the loss of her husband Pete. He will be missed by so many. A memorial donation to Kindervelt is being sent in Pete's memory.

Wishing you a Speedy Recovery

KV #68 is wishing Diane Campbell a speedy recovery from her surgery!

February 1st - Crystal Dandridge #77 February 9th - Char McBrayer #8 & #22 February 10th - Sarah Bell #22 February 14th - Cindy Nelson #22 February 15th - Terri Defevers #77 February 17th - Beth Pollock #78 February 18th - Bonnie Finn #22

February 19th - Diane Campbell #68 February 20th - Loy Jonson #30 February 25th - Mary Lively #30 February 27th - Caroly Ludwig #27 February 29th - Marla Gross #22 February 29th - Shelley Reddy #22

Understanding Sepsis-Associated Myocardial Dysfunction using Translational Research

Andrew J. Lautz, MD **Division of Critical Care Medicine** Cincinnati Children's Hospital Medical Center

Sepsis, an extreme immune system response to serious infection that can damage the body's organs, afflicts thousands of children each year in the United States, and new treatments are urgently needed to improve survival. The heart is commonly impacted in sepsis, a condition termed sepsis-associated myocardial dysfunction (SAMD). Our research has previously shown that children with SAMD are more likely to die despite treatment in the pediatric intensive care unit. SAMD occurs in children of all ages and affects both previously healthy children as well as those with chronic medical problems. It is currently unknown why some children develop SAMD while other children's hearts remain healthy during sepsis. There also is no specific treatment for SAMD beyond supportive care and treatment of underlying infection. A better understanding of what causes SAMD would help us identify children at risk in the pediatric intensive care unit and lead to the development of new treatments for critically ill children.

Since we cannot directly collect samples from sick hearts of children with SAMD, we needed to create a new way to model how human heart cells respond in sepsis. Cincinnati Children's Hospital Medical Center is a leader in induced pluripotent stem cell (iPSC) technology, in which blood cells can be collected from a small amount of blood and reprogrammed to become iPSCs. Then we can further program iPSCs to become different cell types, including cells that are difficult to collect, like heart cells. To study SAMD in children, we partner with the Pluripotent Stem Cell Facility to use iPSCs to make iPSCcardiomyocytes, which are reprogrammed human heart cells that beat spontaneously. Leveraging the multicenter pediatric sepsis biorepository pioneered by the late Dr. Hector Wong, we expose iPSC-cardiomyocytes to blood banked from children with sepsis to learn how human heart cells respond to the sepsis environment. Mirroring what we see in the hearts of children with SAMD, we have found that iPSC-cardiomyocytes exposed to blood from children with SAMD do not beat as strongly compared to heart cells exposed to blood from children who have healthy hearts.

Our research laboratory is funded by the National Institutes of Health to study SAMD in children with sepsis using iPSC-cardiomyocytes. We are collecting blood from children with sepsis who have sick and healthy hearts (who do or do not have SAMD) from patients and families who consent to develop iPSC-cardiomyocytes. Since iPSC-cardiomyocytes retain the unique genetic material of each person, we can start to investigate how genetic factors might make some children more vulnerable to SAMD than others. Additionally, we are testing iPSC-cardiomyocytes to determine what proteins in the blood of children with sepsis injure heart cells with the goal of identifying potential new ways to treat SAMD. Ultimately, we hope that our research can be brought back to the bedside of children with sepsis in the pediatric intensive care unit to improve outcomes.



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