

# Kindervelt

The Division of Critical Care  
Medicine and the Pediatric  
Intensive Care Unit at Cincinnati  
Children's

November 2023 Newsletter  
Volume 24, Issue 5

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## From the President



Thanksgiving is a time to express gratitude. We can be grateful for our Kindervelt friends and all the many joys of our deeds accomplished. We are truly blessed to be Kindervelt strong!

Have you registered for the Fall Event? Monte Carlo Night At The Club promises to be an interactive night with gaming, dinner and fun! Please join me on November 10th as we support the Division of Critical Care Medicine and the Pediatric Intensive Care Unit.

KV Krafts are proceeding with enthusiasm despite a little weather set back at Burger Farm. We have craft shows at Seton HS, Children's Hospital and the Westside Market. What a great way to do some holiday shopping and support Kindervelt!

Please take the time to check out all the happenings in this issue benefitting Kindervelt of Cincinnati Children's.

Happy Thanksgiving to you and your families.

Your friend in Kindervelt,

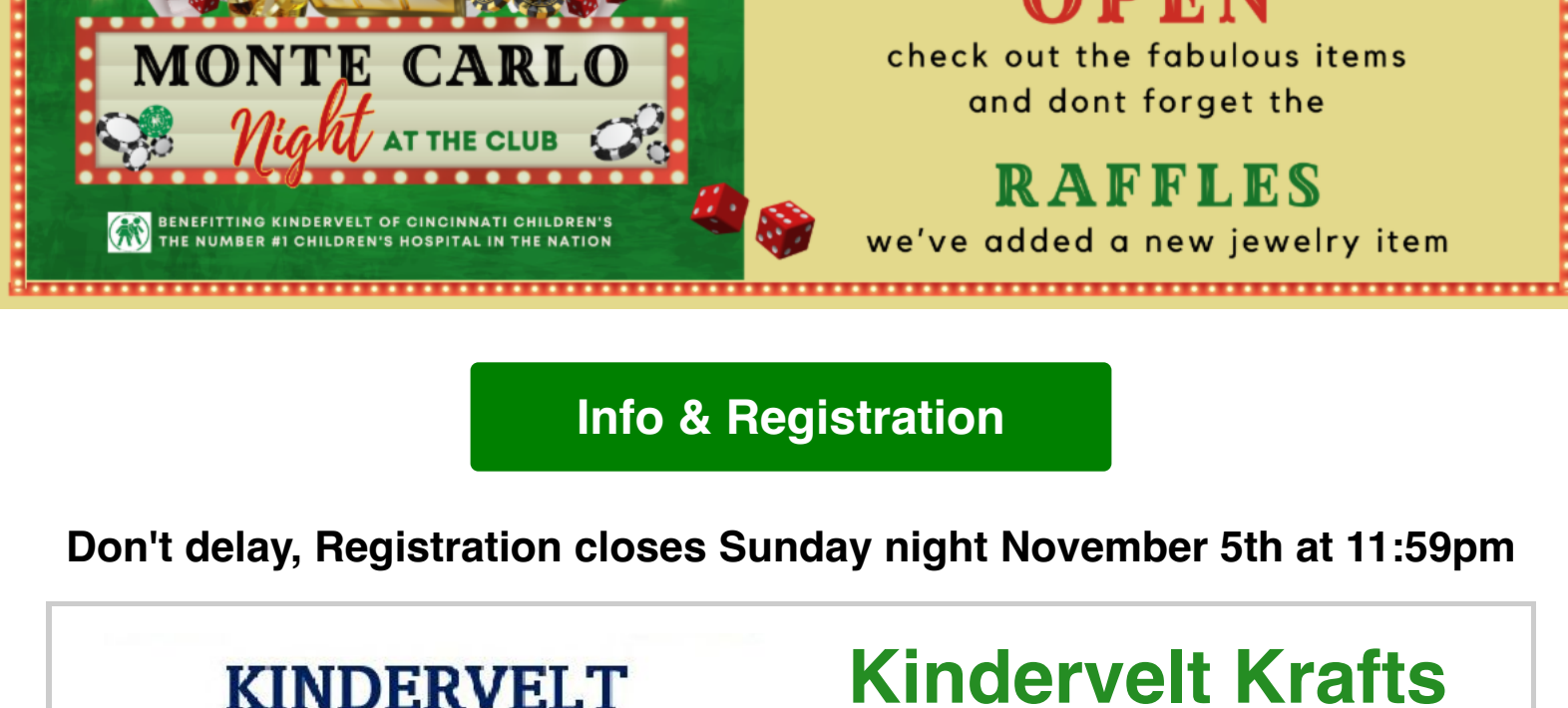
*Cindy*

Cindy Burger  
Kindervelt City President



## Upcoming Events

All flyers and many images are downloadable, just click on the image

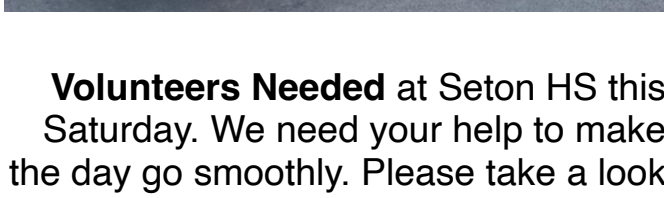


## Info & Registration

Don't delay, Registration closes Sunday night November 5th at 11:59pm

### KINDERVELT

## KRAFTS



**Volunteers Needed** at Seton HS this Saturday. We need your help to make the day go smoothly. Please take a look at the available slots in the link.

### Kindervelt Krafts

## Seton High School

November 4th, 10am - 3pm

After a successful weekend at Burger Farm, the craft committee is ready for the show at Seton High School this Saturday, November 4th, 10am to 3pm! Spread the word to family and friends. Come by, check out all the great crafts and bakery items. View the raffles in person (to see photos and info to purchase tickets scroll down below).

[Seton High School Volunteer Info](#)



**Saturday, December 2 from 9:00-4:00**  
**Sunday, December 3 from 12:00-4:00**

Wyoming High School Tennis Courts  
Located on Springfield Pike next to Wyoming High School.

### KV #8 Annual

## Christmas Tree Sale

Celebrates 45 Years!

Kindervelt #8 will be conducting their annual Christmas Tree Sale at the Wyoming High School Tennis Courts on Saturday, December 2nd, and Sunday, December 3rd, 2023. This is our 45th year of selling Christmas trees. We will have an assortment of Frazier Firs, Balsam Firs, and Douglas Firs with sizes ranging from 6-7 feet through 8-9 feet.

### Pickleball Tournament

February 24, 2024



Registration opens January 1st, 2024!

### KV #65 Wine Tasting

November 17, 2023



Tickets **HERE**. Please note that online ordering is only available during the shop business hours: Mon-Fri 6:30 AM-4:30 PM and Sat-Sun 7:30 AM-2:30 PM. We will save your ticket for the night of the event. Tickets can also be purchased in person on the night of the event.

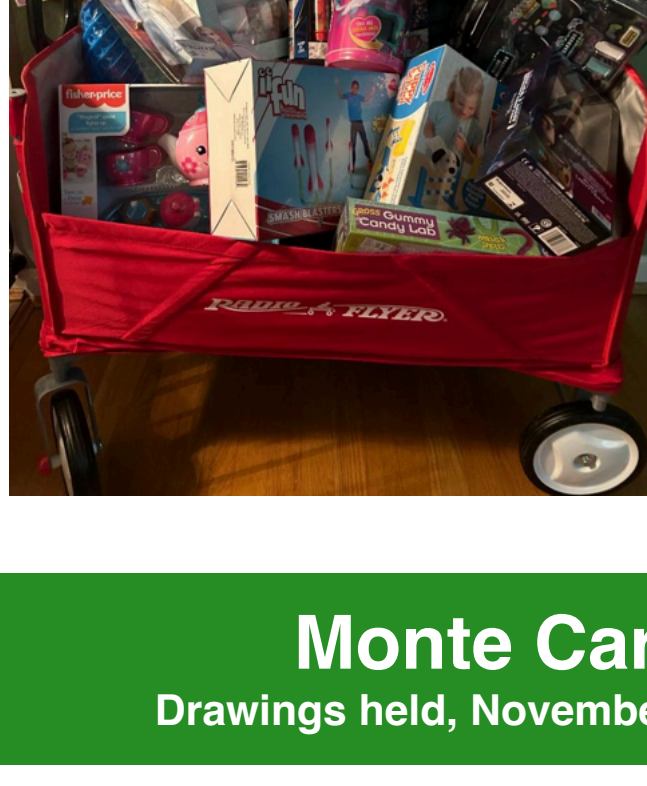
## Kindervelt Kraft Raffles

Drawings held, November 4th - need not be present to win

### KV #16 Quilt raffle

This beautiful quilt is 42"square with 9 stars/crosses, smashing is white, binding and back is dark blue.

Chances are \$5.00 each or 5 for \$20.00.  
Questions/ Chances Anne Rauf 513-284-6014  
or [raufamily1951@gmail.com](mailto:raufamily1951@gmail.com)



### KV #68 Wagon of Toys Raffle

Unicorn play set, Frozen doll, Barbie dreamtopia, Gourmet Kitchen appliances, Fairy pet finder, Fisher price magical spoon ( lights up) tea set, Melissa & Doug Puppy School play set, Marvel bow & arrow set, Disney light year voice changing mask, Star Wars Boba Fett Mask, Gross Gummy Candy Lab, Smash, Bladders Launch Rockets, Disney Buzz Light year, Tech Activity Set, Chalkboard Activity Tin, Push Bubbles Game, Plus the Radio Flyer Wagon to help get it all home.

Valued over \$300.00  
Chances \$5.00 each, or 5 for \$20.00  
Contact person: Bonnie Hueneman  
513-235-1122  
or [Bonniehueneman@gmail.com](mailto:Bonniehueneman@gmail.com)

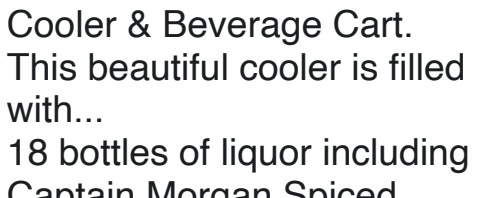
## Monte Carlo Event Raffles

Drawings held, November 10th - need not be present to win



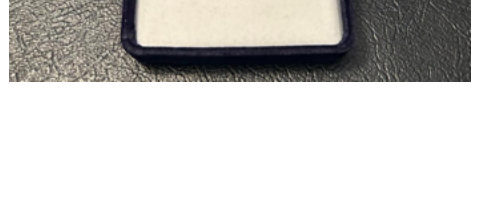
### Basket of Bourbon

An epic collection of Bourbon!  
Includes Blanton's, Weller Red, Weller Green, & a hard to find Premier bottle of Blanton's Gold Edition.  
Valued over \$350



### Cooler of Cheer

A fully stocked Keter Patio Cooler & Beverage Cart. This beautiful cooler is filled with...  
18 bottles of liquor including Captain Morgan Spiced Rum, Patron Tequila, Fireball, RumChata, Bailey's, Bacardi Black, Tanqueray, Tito's, Buffalo Trace, Three Roses, Johnny Walker Red Label, Jameson, Amaretto, Kahlúa, Woodford Reserve, 21 Seeds Blanca Tequila infused with valencia oranges, Roscato Sweet Red Wine, and an assortment of mixers and snacks  
Valued over \$800



### Jewelry Raffle

Beautiful Amethyst Pendant  
12.45 carats on a 20 inch sterling silver chain.  
  
Hand designed and crafted by Hug Jewelers.

[Raffle Tickets HERE!](#)

## Be on the Lookout!

**November 4th** - KV Krafts Seton High School  
**November 10th** - City Wide Fall Event - Monte Carlo Night  
**November 15th** - KV Krafts at CCHMC  
**November 17th** - KV#65 Wine Tasting  
**November 25th** - Westside Market Craft Show  
**December 2nd & 3rd** - KV#8 Christmas Tree Sale  
**February 24, 2024** - Pickleball Tournament  
**March 2, 2024** - KV Bowl  
**April 13, 2024** - KV#19 Lunch at the Links  
**April 13, 2024** - KV #50 Havana Nights  
**May 4, 2024** - KV #77 Spring Luncheon & Fashion Show  
**May 15, 2024** - KV Annual Meeting at Cincinnati Women's Club



**KV #50 - Havana Nights**  
**April 13, 2024**

## Membership

City wide dues were due by October 15th. If you haven't already, please get your updated lists and group dues to me ASAP. Kelly Anderson, [kvmembership@kindervelt.org](mailto:kvmembership@kindervelt.org)

Questions, don't hesitate to contact me, Kelly, (513) 582-8787



## Tidbits

**KV #3** is gearing up for a fun-filled month of fundraising in November. This year's Monte Carlo-themed citywide event is greatly anticipated by our members, and will be followed by our annual Make It-Bake It-Fake It-Auction. As part of the Southern Region we are also helping plan a poinsettia sale for the holidays. Work is also in full swing for the March 2 bowling event, now dubbed Kindervelt Bowl. Several lanes have already been sold and sponsorships are being lined up. As ever, our members create and purchase soups, yogurt, jams and more in our ongoing First Friday fundraiser.

**KV #16** Thank you to all the members, family and friends who made our Music Trivia Night at Brink Brewery so successful and so much fun! A "huge" shout out to Karl Deters and Christine DeGiuseppe for organizing and planning the Music Trivia.

We are also excited to welcome Lucy Zinn to KV #16 just in time to enjoy lots of events raising money for CCHMC!



**KV #19** The women of Kindervelt 19 are excited to announce their Lunch at the Links will be held April 13th at the Heritage Club! Mark your calendars and get ready to enjoy a fantastic afternoon having fun while raising funds. This year's theme will be Jimmy Buffet/ Margaritaville!

**KV #22** In October, we held our annual Soup 'N Salad at the home of Kim Lucken. We welcomed 3 new members and enjoyed some tasty homemade delectables! Welcome: Shelly Schradick, Michelle Durand and Nicole Prather. We would also like to recognize & thank our KV #22 officers for 2023-24: Co-Presidents- Bonnie Finn and Sue Crosby, Secretary-Maria Gross, Treasurer-Kathy Roth, Membership-Bonnie Finn, Projects- Sue Crosby, Publicity-Amy Rosenberg, Sunshine-Lis Faber.



Clockwise from top left: Kelli Green & Stephanie Janssen; Kim Lucken; Teresa Hoving and Kathy Roth; Deb Clero and Shelly Schradick; Sarah Bell and Kathy Roth; co-presidents Sue Crosby and Bonnie Finn.

**KV #50** is working hard this fall securing sponsors and planning for our annual fundraising event on April 13th, Havana Nights. We also have had several smaller fundraisers such as a Cause at Biggy Coffee on Wooster who donated 25% of your purchase to Kindervelt.

KV #68 would like to welcome Sherry Carle and Erlene Ellis to our Kindervelt group. It is great having you both. It is nice to see our membership grow.

KV #77 welcomes their newest member, Amanda McQuade.

## Thanks

**KV Krafts** would like to thank all those who helped out at Burger Farm October 14th & 15th. Here is part of the Sunday morning crew. L-R, Anne Rauf #16, Cindy Burger #16, Nancy Morton #78, Mary Beth Young #78, Bonnie Hueneman #68 and Krafts #30, Katrina Smith #78.



**KV #56** would like to thank all our members who worked the Citywide Fall events. Lots of crafts, jellybeans and handmade bracelets were sold! Sue, Libby and company did a great job producing fun and collectible jewelry. We now have KV bracelets in the Gift Shop at the Hospital. Stop by for your Holiday gifts! Thank you also to those who donated the beads! Thank you also to Shelle for donating and/or picking up all the items, putting baskets together and packing up everything for Silent Auction. Buyers and Bidders Welcome!

**KV #68** would like to thank Beverly Rainier for hosting our October meeting at her house and would also like to thank Kelly Bollinger for the delicious treats.



**KV #77** sends our deepest condolences to Karen Grees and her family on the recent death of her mother, Lee Brock, who was a big supporter of Kindervelt.

## Happy greetings

November 3rd - Pat Wahl #68  
November 6th - Carol Zacher #77  
November 8th - Gale McLaughlin #22  
November 8th - Sharon Bruggeman #12  
November 14th - Joan Graham #12  
November 15th - Mary Jo Hoffman #77

November 18th - Rosie Vandegrift #12  
November 18th - Kathy Lawley #19  
November 20th - Suzanne Pavlakis #30  
November 26th - Deb Clero #22  
November 29th - Karen Bramwell #19

## Belonging and Social Capital: Partnering Outside of the ICU to Address Community Well-being

Monique Quinn, MD, FAAP, Carley Riley, MD, MPP, FAAP

What would it look like for a child to not only be healthy but also thrive and achieve their fullest potential? How do we make this happen for every child—and every family—in Cincinnati, OH? That is the quest of the Mayerson Child Well-Being Initiative (MCWI), led by Dr. Carley Riley who is an Attending Intensivist in our Pediatric ICU. Through city-wide partnerships and collaborative efforts, MCWI strives to generate transformational change in how our communities, organizations, institutions, and systems nurture the well-being of children and youth so that all children and youth may thrive.



One such community partner is the YMCA of Greater Cincinnati. Their vision to "build inclusive and joyful environments where all people can reach goals, make friends, and connect to a cause greater than themselves" aligns beautifully with that of MCWI. Together, with the leadership of Dr. Monique Quinn, a Clinical Fellow in our Pediatric ICU mentored by Dr. Riley, we have embarked on a collaborative project to study, measure, and improve sense of belonging and social capital among local YMCA members.

Why sense of belonging and social capital? It is inherent to human nature to want to belong, and a strong sense of belonging (defined as a dynamic emotional attachment that relates individuals to the material and social worlds that they inhabit and experience) has been closely correlated with multiple metrics of social, emotional, psychological, and physical well-being. Similarly, communities high in social capital (defined as social relations that have productive benefits) demonstrate quicker and more robust responses to crises and foster higher levels of happiness, connection, and mental health in their members. While both constructs have been adequately defined in current literature, efforts to improve a communities' sense of belonging and social capital have been limited to employment and educational spaces that are inherently demographically restricted. Our work will be novel in our community-driven approach, the development of a tool that is not specific to any single demographic, and the use of such tool for iterative systems change.

Equipped with the understanding that well-being is multidimensional, we hope to explore the social and relational components better through this project. While our work starts at the YMCA, it has potential to be impactful across other community groups or organizations interested in pursuing similar efforts, as well as spread locally and nationally across YMCA centers.

[Downloadable Link](#)

[Website](#)

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