

Kindervelt

"HAVING FUN WHILE RAISING FUNDS"

Cincinnati Children's Heart Institute/Kindervelt Neurodevelopmental and Educational Clinic



VOLUME 14 ● ISSUE 10 May 2016

This year as flown by – I can't believe that I am already writing the May newsletter article. Most of our spring projects are winding up – with just a few more events to close out the year. Although a few groups will have some events this summer, it will be a slower pace for the members of Kindervelt. I have been inspired by the hard work of every member in making this a successful year.

I hope that everyone is planning to come to Annual Meeting to celebrate all of our accomplishments this past year. Eleni Zaferes and her committee have been hard at work organizing an evening that promises to be a great way to close out the year. Join us on May 18th at the Cincinnati Woman's Club at 6:00 for a cocktail hour then dinner and some great speakers. We will be installing our new 2016-17 Board of Trustees and Nominating Committee at the meeting. Of course, the most exciting part of the evening will be the presentation of our fourth and final check to the Heart Institute – Kindervelt Neurodevelopmental and Educational Clinic.

This is my last year as your City President and I want to thank every one of you for your help, support, and encouragement over the past two years. It has been an absolute pleasure to represent such a committed group of volunteers. We have all worked together to make our commitment to Cincinnati Children's a success. Tracy Smith will be the City President for the next two years. Tracy will be a fabulous leader and I know that you will continue your support to her and make the next two years as enjoyable for her as these years have been for me. You are truly a wonderful group of caring and dedicated individuals.

I am looking forward to seeing many of you on May 18th as we celebrate what we have accomplished.

Much love to all,

Linda Lunceford Kindervelt City President

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A Kindervelt Member's Story

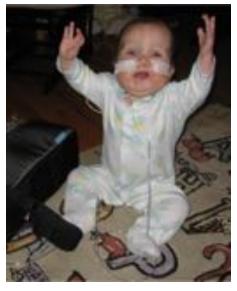
written by Teresa Lange, KV#8 Wyoming

The Heart Institute: A Family Affair for the Evensons

I joined Kindervelt #8 Wyoming in September 2012 after my youngest child went off to college. I always felt blessed with two children that my experience with Cincinnati Children's was limited to my daughter's tube surgery to relieve chronic infant ear infections and a broken ankle she suffered in high school. That same fall, Anita Evenson joined KV#8. She had always enjoyed philanthropic work and was interested in giving back to Cincinnati Children's. Unlike me, Anita had A LOT of experience with CCHMC, especially with The Heart Institute. Her story reminds us all of how fortunate we are to have this world-class medical facility right here in Cincinnati.

Anita and Bryan Evenson's first experience with CCHMC came right after the birth of their first child, Margaret, in December 2008. Margaret came to the NICU (neonatal intensive care unit) at Cincinnati Children's after developing an infection soon after birth due to kidney reflux. Additionally, Margaret had mild cardiac defects. Fortunately, Margaret's conditions would not require surgery or extensive treatment. She was able to go home when she was 9 days old but would continue to be monitored by CCHMC. This was just the beginning of the Evenson family's journey with The Heart Institute.

Less than 2 years later, when Anita was pregnant with her second baby, high level ultrasounds showed that her second daughter Cynthia would be born with congenital heart defects. Anita would undergo weekly ultrasounds from 30 weeks until giving birth to Cynthia in February 2011. An ECHO (heart ultrasound) conducted soon after Cynthia's birth showed no need for her to go to Cincinnati Children's right away. However, another ECHO about 2 months later showed that Cynthia's heart had defects that would require open heart surgery to repair. Plans were made to monitor her closely and target corrective surgery for late summer of 2012.



At home shortly before surgery in February 2012



Recovering from surgery at CCHMC

But in October 2011, Cynthia was admitted to CCHMC with pneumonia. She was there for 8 days, but never really recovered completely at home. By mid-November she would be back in CCHMC, this time for 18 days. She left with additional cardiac diagnoses and failure to thrive. Because of her heart defects, Cynthia's body was working so hard to just breathe and keep her heart beating that she could not gain weight and develop at a normal rate. Additional hospitalizations would follow in January and February. Cynthia's surgery could not wait until summer. On February 16 2012, just 9 days after her 1st birthday, Cynthia had open heart surgery. The surgeon re-routed Cynthia's left superior vena cava (primary vein from the upper body), closed an atrial septal defect (hole in the heart), and reduced the size of her pulmonary arteries (arteries taking blood to the lungs). Almost 2 weeks after surgery, Cynthia finally went home.

The Heart Institute: A Family Affair for the Evensons cont.

Cynthia's surgery was a complete success. Before her surgery, she weighed about 14 pounds, not even close to being on the growth chart for a one-year-old. Just 4 months later, Cynthia was close to 20 pounds (25th percentile). She had been weaned from the feeding tube that she had required since she was 10 months old, and she was now thriving. She continued to catch up developmentally. Six months after her surgery, except for the scar on her chest, no one would have known she had open heart surgery. Anita and Bryan threw a party to celebrate, expecting that their future with The Heart Institute would be periodic monitoring appointments and testing for their daughters.

Two years later Cynthia appeared to be a healthy 3 ½ year old, and an ECHO confirmed that her heart function was very high. But it also showed signs of hypertrophic cardiomyopathy (HCM), a thickening of the heart muscle/wall. That same summer, the Evensons had been seeing a cardio-geneticist at CCHMC. Tests ultimately showed that Margaret and Cynthia both have Noonan syndrome, a genetic disorder that affects about 1 in 1,000 to 2,500 people. A common symptom of Noonan is pulmonary stenosis (a narrowing of the heart valve or artery taking blood to the lungs) which Margaret and Cynthia both have. Another symptom is HCM which Cynthia has but Margaret does not. Genetic testing showed that Anita also has Noonan and HCM. Anita would now become the third member of the Evenson family to be cared for by doctors at The Heart Institute through the adult congenital heart defect program.

Today Cynthia is a thriving 5-year-old who will start kindergarten in the Fall. She will require medication for the rest of her life to manage her HCM. Those medications have and will continue to be adjusted as she grows, and she will need frequent testing to monitor her heart's condition. Margaret is now a healthy 7-year-old and still goes for annual testing at The Heart Institute. Fortunately, Anita's HCM will likely never have a significant impact on her life, and she does not have to modify her lifestyle or take medications.

Ironically, when Anita decided to join Kindervelt, she was not aware of our four-year commitment to The Heart Institute's Neurodevelopmental and Educational Clinic. She was so impressed by the quality of care her daughters had received at The Heart Institute. Doctors, nurses, and all of the staff were caring, responsive, patient, and compassionate. In only her second year in KV#8, Anita took on one of the biggest jobs for our biggest fundraiser, Volunteer Coordinator of the Kindervelt North Pole Express. Her girls have ridden the train at KNPE and baked cookies for Kindervelt bake sales. We are thankful to have Anita as a KV#8 member. We wish she and her girls continued good health and hope that Kindervelt will be a family affair for the Evensons for years to come!



A thriving 5 year-old Cynthia in 2016



Anita, Cynthia, and Margaret on the Kindervelt North Pole Express train in 2014

CELEBRATING 45 YEARS

KINDERVELT ANNUAL MEETING CINCINNATI WOMAN'S CLUB

330 Lafayette Ave · Cincinnati, OH 45220 Wednesday May 18th · 6:00 PM



\$40 per person

Make your reservations at kindervelt.org

Questions - contact Eleni Zafares 513-891-0218

Come to our Annual Meeting to celebrate another successful year of fundraising with the presentation of our final check to **The Heart Institute**AND

hear the big announcement of what division we will be supporting for the next four years!



Kindervelt Bleeds for their Cause

Kindervelt #76 needs your help and your blood, plasma & platelets to win this year's Hoxworth "Bleed for a Cause" Blood drive contest.

The 2016 campaign will be held **July 18 thru August 13**. The purpose of the campaign is for nonprofit organizations to recruit as many blood donors as they can during a 4-week period. This can be done by hosting blood drives or directing donors to existing blood drives or to one of our eight neighborhood donor centers. **And make sure tell Hoxworth you are giving for "Kindervelt/ Cincinnati Children's Hospital" and write it on your donor form so we get the points for your donation!!!**

The point system is as follows: Whole Blood donation = 1 point

Red Cell donation = 1 point Plasma Donation = 1 point Platelet donation = 3 points New donor = 2 point bonus

The organization with the most points wins \$10,000! A weekly prize of \$2,500 will be awarded to the groups with the most points in that specific week. **We need all Kindervelt members to participate if we want to win this year!**

Contact Jackie Meyer at jdmeyer415@gmail.com with questions and keep your eyes peeled for more information to come in early July!!

Kindervelt Krafts





Thank you to all the Kraft Reps that came to the first Kraft meeting. Get your groups together and Kraft, Kraft, Kraft.

Have some fun putting together some beautiful pieces for others to enjoy.

Have fun while raising funds!



Dates of Kraft shows:

October 4th Mini Kraft Show (Children's Hospital)
November 5th Big Kraft Show at St. Mary's (Hyde Park Square)
November 11th (Bakery only) Gala
November 16th Mini Kraft Show (Children's Hospital)

2015-2016 KV Board of Trustees

President Linda Lunceford #56 kvpresident@kindervelt.org

Vice President Stacy Durr-Stainton #65 kvvicepresident@kindervelt.org

Corresponding Secretary Mimi Dyer #03 kvcsecretary@kindervelt.org

Recording Secretary Jayne Rauh #55 kvrecordingsecretary@kindervelt.org

Treasurer Debbie Linneman #56 kvtreasurer@kindervelt.org

Financial Advisor Cece Kohlman #16 kvfadvisor@kindervelt.org

Annual Dinner Eleni Zaferes #30 kvameeting@kindervelt.org

Community Relations Beth Cuprill #49 kvcrelations@kindervelt.org

Membership Lisa Gamblin #50 kvmembership@kindervelt.org

Newsletter Tracy Smith #57 kvnewsletter@kindervelt.org

Nominating Chair Donna Boggs #17 kvnomchair@kindervelt.org

Projects Valerie Taylor #22 kvprojects@kindervelt.org

Publicity kvpublicity@kindervelt.org

Webmaster Mary Beth Young #78 kvwebmaster@kindervelt.org

Market Chairs 2016 Kathy Roth #22 Kristin Rose #22 kvmarketchair@kindervelt.org

Immediate Past President Charlotte McBrayer #08 kvimmpastpres@kindervelt.org

Let the Good Times Bowl Chair Charlotte McBrayer #08 kvbowling@kindervelt.org

Liaisons:

Liaison #1 Kathy Olberding #68 kvliaison1@kindervelt.org

Liaison #2 Lesley Nicol #11 kvliaison2@kindervelt.org

Liaison #3 Sue Crosby #22 kvliaison3@kindervelt.org

Liaison #4 Joanne Shreve #03 kvliaison4@kindervelt.org

CCHMC Department of Development

Keith Henize - Director Auxiliary Relations keith.henize@cchmc.org

Cyndi DeMoise Assistant Sr. Admin cyndi.demoise@cchmc.org

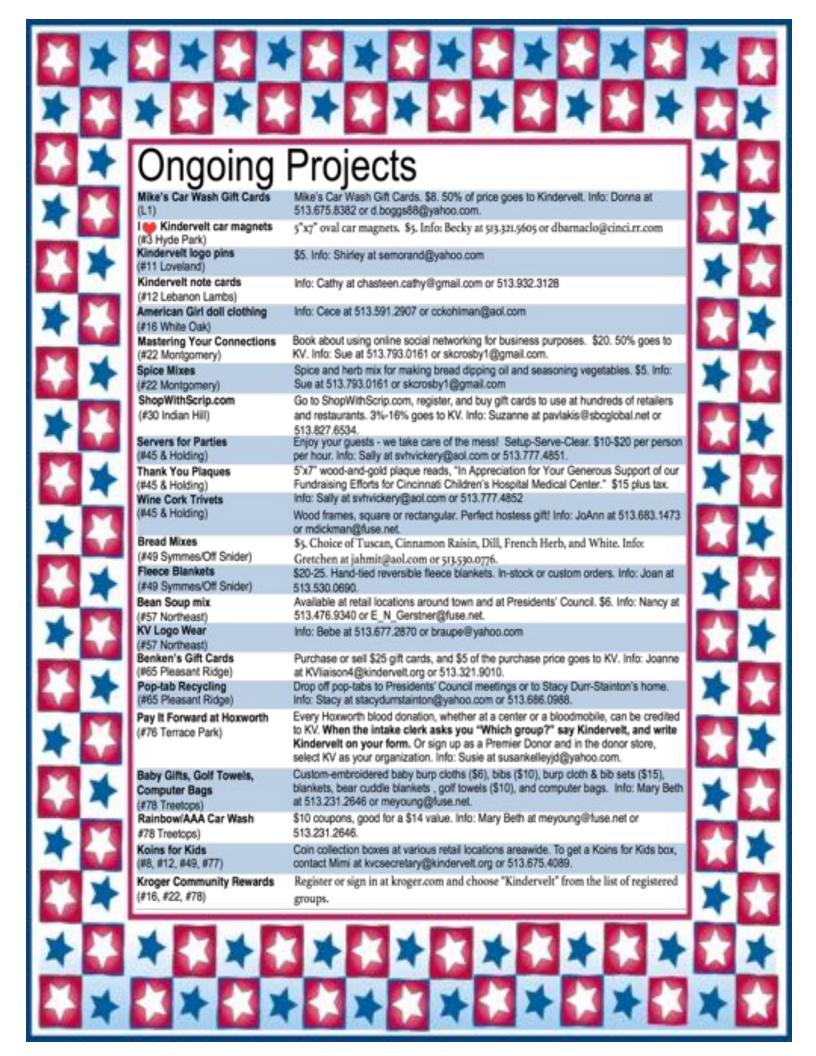


Save the Date for



Kindervelt Gala

Friday, November 11, 2016 Cooper Creek Event Center



Joyous News

KV #78 - Congratulations to Ree and Jim Pebler on the birth of their 5th grandchild! Wyatt Andrew was born on April 13, 2016 at 1:58 a.m. to their daughter Kelly and son-in-law Dewey Zidron. Wyatt was 20" long and weighed just over 7 pounds. Along with his parents and grandparents, Wyatt was welcomed home by brother Owen and sister Sawyer.

Gratitudes

KV #16 - Thank you to everyone for another successful Bunco Night and especially to Terri for always coordinating the event through Lakeridge Hall; without her we would not have the great facility to continue "having fun while raising funds" and playing Bunco for Cincinnati Children's.

We also want to thank all who joined us at Clovernook Country Club for the Celebrity Bartender Night which proved to be another fun evening. Great food, great drinks, great conversation and money for the hospital! Thanks Sandy K. and Linda D. for coordinating the evening.

KV #77- A HUGE thank you to the ladies of Kindervelt #77 for all of the time, dedication and work put into the annual fashion show luncheon this year and making it a huge success!

Special thanks to our guest speaker for our fashion show event, Andy Larkin, for sharing his family's story with The Heart Institute. This is just a friendly reminder that the new cycle for Kroger Community Rewards begins May 1st and you need to re-enroll now.



Sign up or renew with Kroger Community Rewards® today! Simply register your Kroger rewards card online at www.kroger.com/communityrewards, search for Kindervelt and enroll... then, all you have to do is shop at Kroger, swipe your Plus Card and Kindervelt will automatically start earning a rebate. It is that easy!

Many groups are participating, just pick anyone if your group doesn't participate in Kroger Community Rewards. It's all going for the same great cause!

Tidbits

KV #56 is proud to say that another successful Bunco party was held on April 16 at the Wilder City Hall. A great night was had by all who attended and our profits were close to \$1,800.00. Thanks to all who made food, baked desserts, help set up, clean up and worked the event. Always a fun night!

KV #77 - Happy Birthday to Brenda Bearden May 9, and Carolyn Williams May 17.



Logan J. Brinson

passed away April 21, 2016. Logan was a Champion Speaker and attended many Kindervelt events. He will be missed by many.

Memorial donations may be directed to Dramakinetics or Brewhaus Dog Bones



Memorials and Donations

Thank you for your generosity; it is changing the lives for the better, forever!

Pat Wahl made a donation in memory of Chris Belstos







Upcoming Events.....



H.J. Benken Floral, Home & Garden Center

Benken's hosts Kindervelt on May 1st from 9 - 6.

6000 Plainfield Road, Cincinnati, OH 45213

Bring your family, friends, neighbors, and acquaintances, to shop and Benken's will donate 20% of the day's Kindervelt sales back to Kindervelt.

All you have to do is mention Kindervelt while checking out.

Perfect time to get your plants for your garden & Mothers Day!

Can't make it on May 1st? We have a solution. Purchase a Benken Gift Card for \$25 (or more!) and Kindervelt will receive \$5 for each \$25 card purchased. Each KV group is able to sell these gift cards. Use them for occasions you need flowers all throughout the year! Proms, gifts, get well, pampering yourself!

Kindervelt #55's



Saturday, September 24, 2016 7 P.M.

Triple Crown Country Club

15 local competitors offering up endless chili for everyone, in addition to numerous desserts.

Music provided from 8-11 P.M. by

The Quack - an incredible five man rock 'n roll cover band, so wear your dancing boots!

Advance Tickets \$40 Questions? - Kris McPherson 269-254-2225 jonkrismac@gmail.com



In the Good 'Ole Summertime Bunco Party

Thursday, July 14 6:00 P.M.

City of Wilder Community Center

\$20 for an evening of fun, food, and prizes.

Contact Debbie Linneman for reservations



Kindervelt #49 brings you

LAUGHTER -It does the Heart Good

A night of fun & laughs benefitting Cincinnati Children's Heart Institute

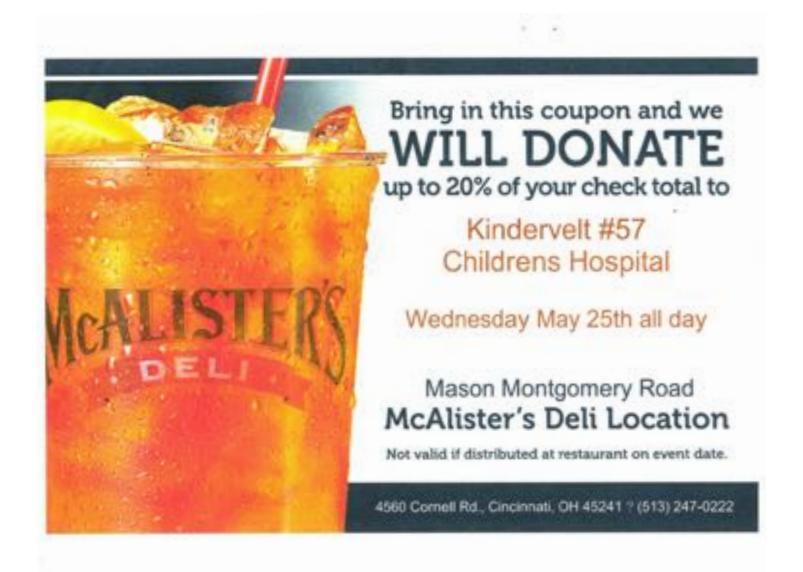


Tuesday, June 7 8 P.M. - Poors open at 7pm

Raffles, Door Prizes, Split the Pot

Open seating – 1st come, 1st sit basis \$15 per person Full cash bar & appetizers available for purchase

Make your reservations at gobananascomedy.com / limited seating / pay-at-door if seating is still available



KV #24 March Madness Bracket



Congratulations Craig Young

Winner / Champion of the

2016 March Madness Bracket Tournament

The first annual KV #24 NCAA bracket tournament was a close contest right up to the Final Four weekend. Craig was able to pull away from the field by picking most of the winners in the final 8, and the eventual winner Villanova.

Craig Young is the husband of Mary Beth Young of KV #78 and the current Web Master.

Craig, we look forward to your participation next year to defend your title.

Thank you to all of the 48 participants that joined in our 70/30 split the pot Tournament. "Having Fun While Raising Funds" will provide \$640 to Cincinnati Children's.



The **WINNER**of the \$15
Target Gift Card
for opening the
April Newsletter is

Kelly Christian of KV #8

Thank you Kelly for keeping up with Kindervelt News!



We are proud to announce net proceeds of \$ 9799.54 Great Job Liaison 2!





Liaison I is selling

Mike's Car Wash coupons.

They are \$8.00 each OR

BUY 4 GET 1 FREE!

Get yours NOW by contacting Donna Boggs at d.boggs88@yahoo.com.

Purchase a \$25 H.J.Benken Gift Card and 20% goes back to Kindervelt!

Offer open to the public

For information contact Susan Stegman at stegsusan@gmail.com



Bread Mixes

One Mix - Three Ways to Bake Bread

Bake homemade bread with our bread mix and some common kitchen items.

This versatile bread mix makes it easy to bake bread by three different methods:

- 1. Bread machine
- 2. Traditional

3. Quick bread (the most popular way to use our mix)

No bread making skills are required for the Quick Bread method. All you need are a can of beer, baking powder, and butter. In an hour, you will have hot bread fresh from the oven.

We offer five bread mixes: Tuscan, French Herb, Dill, Cinnamon Raisin and White. All mixes are \$5 each.



For more information, please contact Gretchen at gretheltman@gmail.com





Event Chairs
Bonnie Hueneman Pat Wahl Diana Peters











Celebrity
Bartending



Treat yourself to a **Trip of a Lifetime**



Your Photo Safari Package INCLUDES

Six (6) night stay for two (2) at Zulu Nyala Heritage Safari Lodge, Tented Camp or Safari Game Lodge - depending on availability. You may also split your stay between the properties.

Two Game viewing drives per day (morning & afternoon drives)

The following meals:

Day 1 - Lunch & Dinner

Day 2,3,4,5,6 Breakfast, Lunch & Dinner

Day 7 - Breakfast

Check in time is 2:00pm. Check out time is 10:00 am.
Will attempt to accomodate requests for early arrivals or late checkouts.

Your Photo Safari Package EXCLUDES

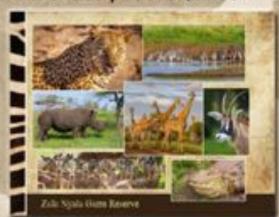
Airfare Airport Transfers Drinks Laundry Telephone

Any extra activities

Accommodations & Airport transfers at Zulu Nyala Country Manor

Valid until November 2017. Purchase price is \$3100





For more detailed information please go to our webpage by clicking HERE.