

# Kindervelt News

#### "HAVING FUN WHILE RAISING FUNDS"

Cincinnati Children's Heart Institute/Kindervelt Neurodevelopmental and Educational Clinic

#### From the President

Hopefully we will be feeling some Spring in the air soon. Even with the cold weather, Kindervelt members have been very busy! The Market Steering Committee was put together by Ree Pebler very early. Then we had liaison meetings in January and February. Following those Terri Mitsch and her nominating committee are working hard to gather the members for next year's Board of Trustees. Terri is still looking for a few people to fill positions, so let her know if you are interested. There are a lot of new faces on both the Market Steering Committee and the City Board of Trustees, which is the goal. A big "Thank You" to all who stepped forward and accepted these leadership positions.

As I write this, I hope that each and every group has someone new who steps up to fill a leadership position in the group. If asked, please consider a position in your group – I believe that you will find it rewarding and fun.

We are looking forward to the fun of the third "Let the Good Times Bowl" at Axis Alley. I'm sure it will be a successful event with many new bowlers coming to support Kindervelt while having a great time. I hope that you are able to come participate in some way – bowling, cheering, or buying raffle tickets. Thanks to Charlotte McBrayer and her committee for all of the hard work.

I know that you are all busy planning Springtime events – fashion shows, Easter egg hunts, flower and bake sales, Bunco parties, dinners and wine tastings. Check out the activities of other groups and try to attend a few – they are truly a good time and support a worth cause.

Diana Scrimizzi is planning a spectacular Annual Meeting for us this year. Mark your calendars for May 20, 2015 . Husbands are also invited to attend and share the wonderful feeling of accomplishment and pride as we present our check to the Heart Institute Kindervelt Neurodevelopmental and Educational Clinic. VOLUME 13 ● ISSUE 7 March 2015

So, plan on your group, including spouses, to join us at the Cincinnati Woman's Club for the check unveiling.

Kindervelt depends on your visions and skills to continue as the great organization that it is. Keep up your good work and sharing of the many talents that you have as we continue to make a difference in the lives of children and their families.

Linda



Linda Lunceford City President

Unselfish and noble actions are the most radiant pages in the biography of souls. ~David Thomas



Friday, March 6 - April Edition Friday, April 10 - May Edition Friday, May 8- June Edition

#### In This Issue

From the President	. 1
Heart Institute	2
Calendar/Market Information	5
Member/Group Highlight	6
The Barbara Fitch Award	8
Tidbits, etc.	10
Group Flyers	
	and the

# Pitter Patter of Little Hearts . . .

#### News From the Heart Institute

#### 2014-2015 KV Board of Trustees

President Linda Lunceford #56 kvpresident@kindervelt.org

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Webmaster Mary Beth Young #78 kvwebmaster@kindervelt.org

Market Chairs 2014 Sue Crosby #22 Valerie Taylor #22 kvmarketchair@kindervelt.org

Market Chair Elect 2015 Ree Pebler #78 kvmarketchairelect@kindervelt.org

Immediate Past President Charlotte McBrayer #08 kvimmpastpres@kindervelt.org

Let the Good Times Bowl Charlotte McBrayer #08 kvbowling@kindervelt.org

Liaisons:

Liaison #1 Pat Wahl #68 kvliaison1@kindervelt.org

Liaison #2 Marsha Falknor #12 kvliaison2@kindervelt.org

*Liaison #3 Beth Cuprill #49* kvliaison3@kindervelt.org

*Liaison #4 Katrina Smith #78* kvliaison4@kindervelt.org

**CCHMC Liaison to Kindervelt** Keith Henize

#### Lydia

Five days after our daughter was born, our pediatrician heard a heart murmur that worried him enough to immediately send us to the Heart Institute at Cincinnati Children's.

The world-renowned specialists at Cincinnati Children's worked with us to create a treatment plan that would give Lydia the best chance for a full life. She had her first heart surgery at one month old, and the last just after her fourth birthday.

Today, Lydia is enjoying a childhood that we feared she'd never experience – she's a dancer and a figure skater, and she loves being a Girl Scout. And, most importantly, Lydia is healthy – thanks to the expert care she received, and will continue to receive, at Cincinnati Children's.



# Pitter Patter of Little Hearts ...



#### News From the Heart Institute

**Andrew Redington**, MD, joined the Heart Institute in November as the chief of Pediatric Cardiology and executive co-director of the Heart Institute. He is also appointed as professor of Pediatrics, University of Cincinnati. Below is a recent interview with Dr. Redington, regarding his background and impressions and visions for the Heart Institute.

#### Andrew Redington Sees Bright Future for the Heart Institute

"I can't stand average. We are better than that."

So says **Andrew Redington**, MD, the Heart Institute's new executive co-director. Redington sets the bar high when it comes to patient care, but he doesn't ask anything of others that he doesn't require from himself. Since his arrival in November, he's attended countless meetings to observe, listen and get to know his colleagues.

"There's a huge amount of talent here," he says, "and a real sense of ambition. Our challenge is to harness that and make the Heart Institute better than it's ever been."

Redington was born, raised and educated in London in the United Kingdom. Becoming a doctor wasn't originally on his radar screen. "I didn't come from a medical family. I fell into it, really," he explains. "I was quite good at science, so I decided to go to medical school. Initially I thought I would be an adult intensivist, but then I became interested in adult cardiology. It went very well, and I was promoted to a research position. That's when I got seduced by pediatrics."

He signed on for six months' training in neonatal cardiology at the University College of London, followed by another round of training in renal pediatrics at Great Ormond Street. Then he worked as the senior registrar (the only fellow!) at the Royal Brompton Hospital in South Kensington.

"The program at Brompton was outstanding," says Redington. "It was a small children's heart and lung center inside an adult heart and lung center. I was surrounded by top adult cardiologists and some of Europe's leading academic pediatric cardiologists. Even back in the late 1980s, the annual mortality rate was 3 percent – one-third of the prevailing rate across the country. It was an incredibly dynamic, exciting place to be, with an aggressive but powerful sort of atmosphere." Over the course of his career, Redington went from being a "Brompton boy" to practicing at Great Ormond Street – the largest children's hospital in the United Kingdom. In 2001, the Hospital for Sick Children in Toronto offered him "the best job in the world." Nonetheless, Redington might have finished out a comfortable career there. But when Cincinnati Children's contacted him about co-directing the Heart Institute in 2013, he was intrigued. "There are very few jobs I would have left Toronto for," he admits. "But the people in the Heart Institute impressed and inspired me. They have the talent and the desire to be the best. But they also have the resources to make it happen, including the support of hospital leadership, which is excellent."

#### Life-Altering Experience

Redington has distinguished himself as a premiere pediatric cardiologist and researcher, but his most humbling learning experience came when his daughter was born at 26 weeks' gestation, weighing a mere 680 grams (nearly 1 lb, 8 oz). "Her birth and hospitalization were *the* most important few months of my career," he says. "It was unbelievably eye-opening to be on the other side of the interaction with the doctors. I learned a great deal about what parents want, how they read so much into what a doctor says or doesn't say. They latch onto little things – tone of voice, a facial expression – and feel reassured or frightened until the next consultation. During that time, I saw the best and worst of care."

Redington's little girl has grown up to be a physician herself, but that experience is what drives him to set the bar so high for himself and his team. "I am dedicated to optimal clinical care first and foremost," he says. "Very few things make me angry, but if patient care suffers because of laziness, arrogance or self-importance, or because a system is flawed, that is unacceptable. We have to provide the ultimate clinical care before anything else becomes relevant – the research, the innovations and the practice changes."

# Pitter Patter of Little Hearts ...

#### News From the Heart Institute

#### What's Next

As Redington settles into his new role, he has his eye on ways the Heart Institute can get even better.

Redington envisions tweaking the Heart Institute environment to allow for more integration and collaboration between the sub-specialties. He sees huge opportunities for translational and transformational research and discovery, and the way the Heart Institute Research Core plays a role in supporting the highest quality research output will also be important. He also looks forward to improving efficiencies and fostering the ideas of faculty and fellows.

"Ultimately, what will differentiate us in the world is if we are able to change practice, to be thought-leaders within our specialty," he says. For example, "right now, there are 600,000 adults with significant congenital heart disease who need a specialist's care. Less than 10 percent find their way to an adult congenital heart center after age 18. These are people we have followed since birth. It is our responsibility to make sure they have access to appropriate care. As we look towards the next 10 years of development of Cincinnati Children's and the Heart Institute, we have to look at a paradigm change in the way we deliver care for our patients of all ages. If we don't do it, who will?"

He adds, "I'm an optimist at heart. We have an extraordinary team, so I find myself going home at night, thinking, 'My God, this might actually work!' There's incredible potential here and very little to stop us from fulfilling it."

### Market

Sue Crosby and Valerie Taylor kvmarket@kindervelt.org



We would like to report that Kindervelt Gala and Markets grand total is \$85,304.74. We would like to thank everyone who helped and participated in Kindervelt Gala and Market 2014.

What's next? Kindervelt Gala and Market 2015 will be Friday, November 13 at Cooper Creek in Blue Ash. Ree Pebler is busy preparing for the event with her steering committee.





## Calendar

Project Codes: OTP - Open to Public, MG - Members & Guests, MGS - Members, Guests, Spouses, MO - Members Only

Date	KV Group	Project	Contact	E-Mail	Code
3/1/15	68 Westside	Princess Party	Bonnie	dhueneman@cinci.rr.com	MG
3/9/15	04 Kenwood/Indian Hill	Hospital Bake Sale	Muff	cbrockman@kenwoodcc.com	OTP
3/31/15	56 Northern Kentucky	Hospital Bake Sale	Ruth	ruthw@zoomtown.com	OTP
4/11/15	03 Hyde Park	Rummage Sale	Michelle	freemanjg1@aol.com	OTP
4/12/15	19 Heritage	Painting with a Twist	Karen	kareniannuzzi@yahoo.com	OTP
4/16/15	Liaison 2	Ruffles & Raffles	Tracy	tsmith1961@gmail.com	OTP
4/25/15	68 Westside	For the Heart of it Cabaret	Bonnie	dhueneman@cinci.rr.com	OTP
On-going	Liaison 1	Fawn Candy Gift Card	Pat	plwahl113@yahoo.com	OTP
On-going	Liaison 1	Mikes Car Wash Gift Card	Donna	d.boggs88@yahoo.com	OTP
On-going	Liaison 3	Wine and Dine Basket Raffle	Beth	bethcuprill@gmail.com	OTP
On-going	Citywide	Benkens Floral Gift Card	Sue	suemjeffries@aol.com	OTP

# Art for the Heart

Liaison IV is proud to report another successful Art for the Heart event. It took place at The Little Red Schoolhouse on February 7th. The evening was festive and included delicious food catered by Creations by Melody, along with sandwiches and desserts made by various Kindervelt groups. Thanks to everyone who contributed to making it such a fun night. Most of the artwork sold, and the Valentine's Cards were a hit. Tracy Smith's necklaces were a popular item, along with the Kindervelt Artist notecards. We are very happy to say that we raised approximately \$6400 for The Heart Institute of Cincinnati Childrens.





# Group Highlight

Kindervelt Pleasant Ridge 65 celebrated it's 30th anniversary with a big party on January 24th! Current members were joined by women from 3 different decades of having fun while raising funds in Pleasant Ridge. We were honored to have our founding members join us and share the story of the start of our group. There was hardly a dry eye in the house as these ladies shared stories of how Cincinnati Children's has personally impacted their lives. It was a wonderful reminder of why we are dedicated to supporting Kindervelt.

KV 65 Publicity Co-Chair, Mary Ray, led the efforts to reunite the current and former members at the celebration. She celebrated the accomplishments of each woman in a fun and clever way! Upon arrival, each person received colored Mardi Gras beads to wear during the event. Each decade had a unique color and each role had a different style of bead. Treasurers received beads shaped like coins, Presidents received beads with a crown, Market reps received beads shaped like stars, and so on. Mary also presented some special awards to the ladies who started our longest running fundraiser which was our plant sale. Betty Withers, Betsy Wehby, and Carla Carroll were adorned with flower leis for their hard work on the plant sale. Dianne Fisk was recognized for chairing our most successful fundraiser which was Jazzercise. Dianne's husband , Steve, received special recognition for his woodworking skills in support of Markt crafts in the 80's and 90's. Finally, we recognized Kris Neyer who is a Barbara Fitch award winner and former Markt Chair.

The table decorations at the event were former Markt crafts that the group made throughout the years. Fun pictures from years gone by were posted for all to enjoy. There were also posters and markers for partygoers to share their favorite memories and projects by jotting down notes. Current members generously donated refreshments and decorations for the party! Thanks to all who made this event so special!

KV 65 member and Citywide Vice President, Stacy Durr-Stainton, provided the closing remarks. She thanked Mary Ray on behalf of KV 65 for putting together an amazing reunion and party! Mary spent countless hours searching for former members to join in our celebration. It was a wonderful evening watching old friends reuniting and former members meeting new members. Stacy thanked everyone for their many contributions to Kindervelt over the years and encouraged former members to get reconnected by becoming associate members of KV 65. Cheers to another 30 years for KV 65!

# Member Highlight Bonnie Hueneman KV #68

Bonnie R. Hueneman is a long time member of Kindervelt #68 Westside. She is married to Don (33 years) and has three children and seven grandchildren - most of whom live in the area. She loves kids of all ages and has been caregiver for many of the grandchildren.

She first heard about Kindervelt when she was expecting her first child and was invited by a friend to join the group in Western Hills almost 29 years ago. Amy was born and Bonnie has been active in KV ever since that time. Growing up on the Westside, Bonnie was an early employee of Price Hill Chili and has been manager for many years. Price Hill Chili has been very generous to Kindervelt by hosting and sponsoring many fundraising events.

Over the years, Bonnie has held many positions on the Markt (Market) Steering Committees from being Market Representative for her group to Business Solicitations, Raffles and Personalization, and Bakery Chairperson. She has volunteered with #8's Polar Express and done bake sales at the hospital and our past mini market events. Her group has an annual Princess Party event that pampers 55 little girls. Currently, Bonnie is Chairing KV #68's new event, For the Heart of It Cabaret, which will be held at St. Williams on Sat. April 25. This was originally sponsored by the Cincinnati Womans' Connection of which Bonnie was a long standing member - and offered the event to her KV group. So this promises to be another fun night out for those looking for another "Fun" KV fundraiser. She has held all positions in KV #68 and has been a willing member of the Citywide Board of Trustees, holding the positions of Liaison, Corresponding Secretary and Nominating Chair. She has currently stepped up and taken a new Market position as the Mini Market Chair.

Bonnie's personal interests include crafting (of course), reading, playing Bumbko with ladies from #68, and working for more than twenty years with the Boy Scouts on the west side. Her youngest son was a Boy Scout and made his Eagle Scout project a community service in their neighborhood.

Bonnie has been active in her kids' school and the family parish, St. Antoninus. Her motto is something she lives by daily."We make a Living by what we get, but we make a Life by what we give". Winston Churchill

Thank you, Bonnie for living the life that you give to many and especially Kindervelt!

Kindervelt #65 30 Year Anniversary!















## <u>Vice President</u>

Stacy Durr-Stainton kvvicepresident@kindervelt.org 513.686.0988



#### The Barbara Fitch Award

Dear Members,

In 2005, the Kindervelt Board of Trustees was looking for a way to recognize individuals who **exhibit an enthusiasm and positive attitude toward the goals of the organization**. Thus, the Barbara Fitch Award was created. This annual award was named for one of our founding members who has since become a prominent supporter of Kindervelt and the needs of Cincinnati Children's Hospital Medical Center.

The Barbara Fitch Award committee is responsible for the selection of the recipient. This committee is comprised of five Kindervelt members including; the City Vice President who serves as Chair, the Immediate Past President, the Immediate Past Market Chair, and two atlarge members. After all qualified nominations are reviewed and a decision made, the nominator will be contacted to ensure the recipient, along with friends and family, attend the Kindervelt Annual Meeting where the award is presented.

The committee is looking for an exemplary individual to honor, so please consider any current Kindervelt member for nomination! This person should be **dedicated and committed**; one who is **an ambassador for Kindervelt in the community**, who is **an active contributor to her local group**, and who **gladly gives her time**, **talents and energy** to promote our cause. The nominee should **represent the true spirit of charity** as well as **embody the mantra** *"others before self"*.

If you know of an outstanding Kindervelt member who personifies these characteristics, please submit the attached *Barbara Fitch Award Nomination Form* no later than April 25, 2015. In order to give a complete understanding of your nominee's qualifications, I encourage you to be explicit and submit feedback from multiple members to support your nomination. And as a reminder, this is a confidential process and the announcement of the winner is kept a surprise.

Thank you

#### The Barbara Fitch Award Nomination Form

Name of Nominee:	
Nominee's KV Group:	Year Joined:
	Phone:
<ul> <li>Please answer all questions thoroughly, using additional space as needed. Renominees for consideration MUST:</li> <li>Be a current member of Kindervelt with at least 5 years of active service</li> <li>Have held at least 1 leadership position within Kindervelt (citywide BOT, group official service)</li> </ul>	
List all positions held by the nominee:	
Describe how the nominee exemplifies the previously defined characteristics examples and explain: (1) How does the nominee exhibit an enthusiasm and the goals of Kindervelt?	•
(2) How has the nominee demonstrated her dedication and commitment to P generosity, helpfulness and giving of herself?	Kindervelt, as well as her
(3) How has the nominee been an ambassador for Kindervelt in the commun humanity and put others before herself?	ity, shown goodwill toward

All nominations must be received by April 25, 2015 send or email form to: Stacy Durr-Stainton 6218 Orchard Lane Cincinnati, OH 45213 kvvicepresident@kindervelt.org

## <u>Tidbits</u>

KV #56 would like to extend our good wishes to all members in Kindervelt and Say Happy New year to all. Plans are already in the making for all our craft projects. We are anxious to work with Ree Pebbler and her steering committee to help make Market another successful event for Cincinnati Children's. Keepsake November Bake sale netted \$590.00. This was by far our most profitable bake sale event. Thank you to all who baked and or worked this event in No. Ky.

KV #77 - Welcome to our new member, Christy Downer

Happy Birthday to Mary Lytle, 3/21

Thank to you Karen Geeves for opening up her home for our February/Valentine's meeting. Also to all members for the delicious appetizers and desserts.

KV #8 - Congratulations to KV #8 member Kristen Gettins for being named a Wyoming Citizen of the Year! Kristen was honored alongside 8 other residents at a celebration on January 27 for her many contributions to the Wyoming community. We are so proud of her and appreciate all she does for KV #8!

KV #45 wishes Mary Anne Stenger a speedy recovery after back surgery. Our prayers are with you.

KV #78 having some fun making Ronald McDonald House snack bags!



#### Gratitudes

KV #8- Much thanks to Kristen Gettins for organizing and running our Valentine Cookie Sale at CCHMC on February 13. Thanks also to all who made treats for and worked at the sale. Your efforts made the event a success and Valentine's Day a little sweeter for patients, families, and staff alike!

KV #68 would like to thank Sally Westendorf for being our February hostess and to Janet Bretnitz for the delicious dessert!

KV Liaison II - Ladies planning for the upcoming Ruffles and Raffles scheduled for April 16 at the Manor House.



Front Row from left: Ginny Kuntz (KV#12), Shirley Morand (KV#11), Beth Cuprill (KV #49),

Back Row from left: Patty Wilken (KV#49), Mindy Williams (KV #41), Tracy Smith (KV #57), Stephanie Rieman (KV #41), JoAnn Dickman (KV #11)

#### Condolences

KV #77 - Prayers and sympathy to Mary Ann Engler and her family on the recent death of her father

KV #68 - KV#68 would like to express sympathy to our member Beverly Rainier on the loss of her grandson, Christian Rainier and mother-in-law, Dorothy Rainier.

KV #4 - Many condolences to the family of Louise Spalding. Louise passed away on January 15. She was a long-time member of Kindervelt #4, having joined the group in 1978. She served as president for 3 years, from 1998-2000 and again 2001-2002. She will be missed by all.

Kindervelt #4 also reports the passing of the husbands of 2 longtime members. Lizz Croskey's husband Thomas passed away on January 28. Lizz is one of the founding members of Kindervelt #4, starting Kindervelt #4 in 1971.

Marge Croop's husband Ray passed away, and Marge has been a member since 1980. Our thoughts and prayers are extended to Lizz and Marge.

3<sup>rd</sup> Annual "Let the Good Times Bowl" February 28, 2015

Axis Alley on the Levee in Newport

Benefiting the Heart Institute/Kindervelt Neurodevelopmental and Educational Clinic

# Presenting Sponsor Bahl&Gaynor Investment Counsel

# **Strike Sponsor**



#### **Raffle Packages**

Pamper Yourself Stella & Dot Travel Set Manicure - Pedicure Massage Arbonne Facial

#### Fun Around Town

Dinner for 6 Hofbrauhaus Newport \$50 value – Full Throttle Indoor Karting Coleman Road Trip LXE Propane Grill Coleman Road Trip Grill Tools

Go to www.kindervelt.org to register and purchase raffle tickets

# KINDERVELT FOR THE HEART OF IT CABARET

# An evening of music & entertainment to benefit



Heart Institute Kindervelt Education & Learning Clinic of Children's Hospital

# April 25, 2015

#### Father Reardon Hall – St. William Church Undercroft

corner of West Eighth Street and Sunset Avenue

## Doors Open at 6:30 PM – Show Begins at 8:00 PM

#### Donation: \$20.00 per ticket

Includes: light snacks, beer, wine, soft drinks, & one basket raffle chance

#### Spectacular Entertainment by Local Talent

Dave Allen and Maribeth Samoya with The Starlight Band Seton High School & Elder High

**School Vocal Ensembles** 

Ventriloquist Denny Baker

Paid reservations are required and filled on a first-come first-served basis. All seats are reserved. Due to space limitations, we are unable to accommodate walk-up reservations.

> MAIL TO: Kindervelt Cabaret 1205 Linneman Cincinnati, OH 45238

NAME:

#### nati, OH 45238 PHONE:

ADDRESS

# CITY, STATE, ZIP

We will be attending @ \$20.00 per	person. Names in my party are	e on back. # of reservations x \$20 = \$	_
Make me a Patron Sponsor for \$10	0.00, which includes 2 reserva	ations and recognition in the program = \$	
I have included my Major Award Ra	affle Chances (\$2.00 each, 3 fo	or \$5.00 or 12 for \$20.00) for a total of = \$	
I have included my Giant Split the	Pot Chances \$5.00 each, 3 for	\$12.00 or 5 for \$20.00) for a total of = \$	
l cannot attend. However, I have er	closed a donation to Kinderve	elt in the amount of = \$	
Total amount enclosed = \$	Method of Payment:	Check – made payable to KINDERVELT #68	Cash

### LIAISON 2 PRESENTS



Thursday, April 16, 2015 7:00 - 10:00 P.M. Mason Manor House

\$25 per attendee Reserve a table of 10 for \$250 An assortment of over 200 "Chinese Raffle" items to win.

HorsDeurves & Desserts Provided

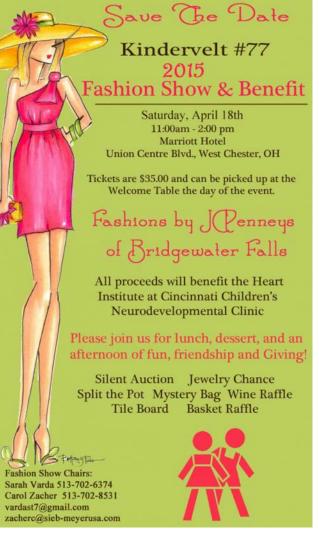
Make your reservations online at www.kindervelt.org

Credit Card and Paypal accepted

Please note on reservation page if you would like to be seated with a specific person.

If paying by check, make your reservation online, then mail a check to Tracy Smith 5410 Roachester Osceola Rd. Morrow, OH 45152







Join Kindervelt #19 on Sunday, April 12, 2015 at Painting with a Twist from 2:00-4:00pm to again have "fun while raising funds" for Cincinnati Children's Hospital. We will be painting with a purpose. Painting with a Twist will generously donate to KV #19. No need to be an artist. Come with your friends and family. Ages 13 or older are welcome. KV #19 will provide snacks. If you're interested in attending, sign up on the Painting with a Twist website.

#### Peek Inside the Studio!

# Contact Us to plan your private event or with questions!

Painting with a Twist Office hours: Monday 12:00pm - 4:00pm Tuesday - Friday 12:00pm-6:00pm

- Phone: **513.229.7700**
- Website: <u>Painting with a Twist -</u> <u>Mason</u>
- <u>Facebook</u> <u>LIKE our page</u>! Fans get insider info!
- <u>Twitter</u>
- <u>Pinterest</u>
- <u>Newsletter Sign Up</u>

Read how we give back every month with <u>Painting with a Purpose</u>!

# Save the Date! Lunch at the Links VIII

Kindervelt #19 will be hosting the annual ladies luncheon fundraiser on Saturday, May 16, 2015 from 11:00am to 2:00pm at Heritage Club. The golf themed luncheon features a silent auction and several great raffles. If you are interested in attending, please contact the co-chairs of the event, Amy Mueller (<u>amueller14@yahoo.com</u>) or Sue Oswalt (<u>smoswalt01@cinci.rr.com</u>).

#### SAVE-THE-DATE

KV#77 will host their annual Fashion Show/Luncheon on Saturday, April 18, 2015 at the Marriott Union Center in West Chester, OH. More information to follow!

Liaison I is selling gift cards for the Fawn Candy Company. It's a perfect way to get your Easter goodies. Kindervelt gets twenty percent profit from the sales. If you need a special gift, a chocolate dipped wine bottle fits everyone's needs. You can get gift cards by contacting Pat Wahl at plwahl113@yahoo.com or 513.608.1257. You can contact Bonnie Hueneman at dhueneman@cinci.rr.com or 513.235.1122.



SPONSORSHIP OPPORTUNITIES ARE AVAILABLE PLEASE CONTACT DAPHNE JURGENSEN: daphnefitness@gmail.com