

Kindervelt News

"HAVING FUN WHILE RAISING FUNDS"

Cincinnati Children's Heart Institute/Kindervelt Neurodevelopmental and Educational Clinic

From the President

Happy New Year! I hope that you all enjoyed your holiday time with family and friends and are now rested and ready to begin a new year filled with promise.

This is the time of year to make New Year's resolutions. One to consider this year is stepping up to take on a new role in our organization. This month starts the nomination process for the 2016 Market Chair-elect and the 2015-16 Board of Trustees. Please consider this in your long-term planning. Being a part of the BOT is a very rewarding and positive experience. We are always looking for fresh faces and new ideas to add perspective and input for Kindervelt. As an organization we need to constantly be looking at ourselves and challenging each other to go the extra mile. Think of challenging yourself by joining the Board of Trustees or consider leading our new Market for 2016. Please email or call Terri Mitsch, the nominating chair, or contact any board member or myself for information about serving. Your local group will also be looking to fill its slate of officers for the coming year, so please consider the many ways you may become involved.

The "Let the Good Times Bowl" committee is very excited to announce that Bahl & Gaynor Investment Counsel will be our Presenting Sponsor!! Bahl & Gaynor is an investment/ financial planning company and longtime supporter of the medical center. The committee has been diligently putting in place the activities for team sign-up, sponsorships,

raffles and door prizes. Please join us on February 28th at Axis Alley, Newport on the Levee for a fun filled day. I would like to challenge each group to spread the word about this citywide event and sign up at least one "team" from your friends and business contacts. Our goal is to fill up the lanes for both sessions with 100% participation from people interested in having fun while supporting Cincinnati Children's and the Heart Institute.

The Barbara Fitch Committee is currently accepting nominations. The Barbara Fitch Award is presented at our Annual Meeting in May to an active member who has demonstrated special qualities and exceptional commitment to Kindervelt. If you would like to nominate a Kindervelt member you feel has demonstrated the spirit of this award the nominating forms are on line and in our newsletter. Vice president Stacy Durr-Stainton will answer any questions you have about the submission process. VOLUME 13 • ISSUE 6 Winter Edition 2015

As we begin the New Year, I hope it will be a healthy and rewarding one for each of you. For Kindervelt, please continue in your efforts to "raise funds while having fun".

inda



Linda Lunceford City President

"If you insist on measuring yourself, place the tape around your heart rather than your head" Carol Trabelle

Newsletter Deadlines

Friday, February 6 - March Edition Friday, March 6 - April Edition Friday, April 10 - May Edition Friday, May 8- June Edition

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2014-2015 KV Board of Trustees

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Webmaster Mary Beth Young #78 kvwebmaster@kindervelt.org

Market Chairs 2014 Sue Crosby #22 Valerie Taylor #22 kvmarketchair@kindervelt.org

Market Chair Elect 2015 Ree Pebler #78 kvmarketchairelect@kindervelt.org

Immediate Past President Charlotte McBrayer #08 kvimmpastpres@kindervelt.org

Let the Good Times Bowl Charlotte McBrayer #08 kvbowling@kindervelt.org

Liaisons:

Liaison #1 Pat Wahl #68 kvliaison1@kindervelt.org

Liaison #2 Marsha Falknor #12 kvliaison2@kindervelt.org

Liaison #3 Beth Cuprill #49 kvliaison3@kindervelt.org

Liaison #4 Katrina Smith #78 kvliaison4@kindervelt.org

CCHMC Liaison to Kindervelt Keith Henize

Pitter Patter of Little Hearts . . .

News From the Heart Institute

HealthWorks! Helps Brittany Battle Obesity

"She likes what she's seeing in herself"

At 12 years old, Brittany Ringer was outgrowing her jeans faster than her mom could buy new ones. The "too little" box of clothes was getting bigger by the week. Now, thanks to the HealthWorks! program at Cincinnati Children's Hospital Medical Center, Brittany regularly digs through the too-little box to see what will fit her.

Brittany's parents, Thelma Ringer and Herbert Crutchfield, became concerned when they saw that Brittany's weight soared 25 pounds from one summer to the next. Thelma asked about it at Brittany's annual check-up. The doctor suggested the HealthWorks! program at Cincinnati Children's. With Thelma being diabetic, the family thought it was a good idea to tackle the problem early.

"At first Brittany was a little reluctant because she didn't think she had a weight problem," says Thelma. "Now, you can't keep her away. She enjoys the program."

Making Healthier Choices to Overcome Weight Issues

Through HealthWorks!, Brittany is learning to make healthy choices both in what she eats and in her activity level. "She used to be a terrible junk eater," her mom says. "She wouldn't try to control what she eats. She was sneaking candy. I would find wrappers all over her room. We were really battling." Now Brittany eats more sensible portions and has taken an active role in planning her meals.

HealthWorks! has taught Brittany that she occasionally can indulge in treats such as pizza and potato chips, but to eat them in moderation. Instead of eating three slices of pizza, she'll have just one and will combine it with other healthy foods to fill her stomach.

"She's much more aware now," Thelma says, emphasizing that the family works together to help Brittany. "We cook together and plan our menus together." Brittany used to get snack money. She doesn't even ask for it anymore.

Getting Active

The family also has learned that physical activity is essential. "Before, we wouldn't make time for her to get out. Now we do," Thelma says.

Brittany exercises at least three times a week through HealthWorks!, and she plays basketball and soccer. She also enjoys riding her bike, scooter and in-line skates in her neighborhood. She and her parents make a conscious effort to carve out time for exercise.

Brittany is learning lessons at age 12 that she will be able to carry throughout her life. "I'm glad she was able to find something she could learn from," Thelma says, noting that she's seen an improvement in Brittany's attitude. "It's so important for kids to be healthy. And I think Brittany really likes what she's seeing in herself."

Everyone Wins

Described by her mom as outgoing and motivated, this straight A-B student certainly has no trouble keeping busy. When she's not sifting through her too-little box of clothes that are no longer too little, Brittany enjoys studying math and science. She also plays the tuba in the school band.

Now that there are fewer battles over food and clothes, life at home is becoming easier for everyone. "Brittany doesn't have to try on clothes every night to see what fits," Thelma says. "I was very frustrated; we were having a hard time."

So why has this program been such a success for Brittany? Her mom explains, "She likes to win at everything, and I think she wants to win at this." With less arguing and a healthier lifestyle for everyone, it seems as though the whole family is winning.

Brittany hops off of her bike for a quick photo with her dad. They and Brittany's mom all work together toward a healthy lifestyle.



Calendar

January - February

Project Codes: OTP - Open to Public, MG - Members & Guests, MGS - Members, Guests, Spouses, MO - Members Only

Date	KV Group	Project	Contact	E-Mail	Code
1/17/15	22 Montgomery	Winter/Holiday Party	Sue	<u>Skcrosby1@gmail.com</u>	MG
1/24/15	3 Hyde Park	Cocktail/Pound Party	Jean	tastebuds@fuse.net	MG
2/7/15	Liaison 4	Art for the Heart	Stacy	stacydurrstainton@yahoo.com	ОТР
2/28/15	99 Citywide	Let the Good Times Bowl	Char	<u>kvbowling@kindervelt.org</u>	ОТР
3/1/15	68 Westwood	Princess Party	Bonnie	<u>dhueneman@cinci.rr.com</u>	MG

Market

Sue Crosby and Valerie Taylor kvmarket@kindervelt.org

Raffle Winners

- Grand Raffle- Laurie Rini
- 2nd Place Grand Raffle Jenny Walz
- Irish Chain Quilt- Joan Cody
- Colorful Kid's Quilt- Janet Bretnitz
- American Girl Doll- Julie Peelman
- Go Pro Camera- Neil Smith
- Kitchen Aid Mixer- Eileen Kosnik
- President's Wine Basket Paula Gottdiner
- "Let the Good Times Bowl" Basket- Pat Wahl



Gala and Market Photo Gallery











Tammy Booth 859.384.7763



If your group has borrowed any Kindervelt banners, signs or large wooden Kids, please remember to return them at the February President's Council meeting. They need to be made available for other groups' projects. Thank you for your cooperation.

It is with heartfelt gratitude that we acknowledge those who chose to give! We are profoundly touched by your kindness, your friendship and your continued loyalty to Kindervelt. Your generosity is changing lives for the better, and forever.

The Kenwood/Indian Hill Kindervelt Group made a donation in memory of Mila Patterson. Mila is the mother of Muff Brockman and the grandmother of Abby and Courtney Brockman - all members of KV #4.

Cindy & Jim Metz generously donated in memory of Charles R. Dyas Sr.

Member Highlight Ruth Wiley Kindervelt #56 and #78

Talking with Ruth for this profile was like walking down a memory lane. Ruth brings her southern background and engaging charm and puts it all out there in the most charming way. Ruth was born and grew up in Cynthiana, Ky. After high school she took herself off to Georgetown College in Georgetown, Ky. Her major was Home Economics and Early Childhood Development. These courses served her well over the years. She was recruited to come to Cincinnati in order to take a position in Pogue's Department Store in Cincinnati as a Bridal Consultant. She married Dave (whom she met on a blind date) and settled into homemaking and community services. She and Dave are celebrating 53 years of marriage and have two children, Becky and David. Both of their families and grandchildren live very close by in the Anderson area. Family involvement in KV has always been a Wiley tradition.

Ruth's early involvement with Kindervelt came through an invitation to join her neighborhood Pinehurst Group # 52 and later #72 Bloomfield Hills. She quickly could see how important it was to support KV and jumped in with both feet. She held most group positions and was president for more than one year! Those groups were very active – group 52 sold name badges, personalized KV canvas bags, and logo visors while group 72 held community carnivals, fashion shows, and their signature event- Lunch by the Bite. The group also sold our KV white pens, visors and badges as fundraisers. Now she shares her support between KV #56 and KV #78. She has a gift for artistic projects and can be counted on to share her talents with both groups. A bonus is that she loves to bake for the sales.

Her citywide involvement has been very inclusive as she has worked with many of our signature events, Liaison Leader, Nominating Committee, Secretary, and has held leadership roles on many project committees. She was Gala Chair for Sheila Maxwell's Markt and she then took on the daunting position of Markt Chair where the theme was "Making Spirits Bright" in 2004. Following in Ruth's footsteps her daughter Becky was Markt chair in 2007, with a theme of "For the Kids". After such a successful stint as Markt chair, Ruth accepted the position of City President for 2006-2008.

Her community involvement includes membership in Parkside Church, membership in the Anderson Chamber of Commerce, being very active in her kids' schools and sports activities as well as supporting Dave with his commitments. Ruth has brought her love of good family skills and educating children to fruition as she has owned and operated three Winnie the Pooh early childhood/care centers for over forty years. Ruth lives by this quote by James Ingallis, "The Surest Way to Succeed is to Try One More Time". Thank you, Ruth, for your more than one more time, of successful involvement with Kindervelt! We are most grateful.

<u>Vice President</u>

Stacy Durr-Stainton kvvicepresident@kindervelt.org 513.686.0988



The Barbara Fitch Award

Dear Members,

In 2005, the Kindervelt Board of Trustees was looking for a way to recognize individuals who **exhibit an enthusiasm and positive attitude toward the goals of the organization**. Thus, the Barbara Fitch Award was created. This annual award was named for one of our founding members who has since become a prominent supporter of Kindervelt and the needs of Cincinnati Children's Hospital Medical Center.

The Barbara Fitch Award committee is responsible for the selection of the recipient. This committee is comprised of five Kindervelt members including; the City Vice President who serves as Chair, the Immediate Past President, the Immediate Past Market Chair, and two atlarge members. After all qualified nominations are reviewed and a decision made, the nominator will be contacted to ensure the recipient, along with friends and family, attend the Kindervelt Annual Meeting where the award is presented.

The committee is looking for an exemplary individual to honor, so please consider any current Kindervelt member for nomination! This person should be **dedicated and committed**; one who is **an ambassador for Kindervelt in the community**, who is **an active contributor to her local group**, and who **gladly gives her time**, **talents and energy** to promote our cause. The nominee should **represent the true spirit of charity** as well as **embody the mantra** *"others before self"*.

If you know of an outstanding Kindervelt member who personifies these characteristics, please submit the attached *Barbara Fitch Award Nomination Form* no later than April 25, 2015. In order to give a complete understanding of your nominee's qualifications, I encourage you to be explicit and submit feedback from multiple members to support your nomination. And as a reminder, this is a confidential process and the announcement of the winner is kept a surprise.

Thank you

The Barbara Fitch Award Nomination Form

Name of Nominee:	
Nominee's KV Group:	Year Joined:
	Phone:
 Please answer all questions thoroughly, using additional space as needed. Renominees for consideration MUST: Be a current member of Kindervelt with at least 5 years of active service Have held at least 1 leadership position within Kindervelt (citywide BOT, group official service) 	
List all positions held by the nominee:	
Describe how the nominee exemplifies the previously defined characteristics examples and explain: (1) How does the nominee exhibit an enthusiasm and the goals of Kindervelt?	•
(2) How has the nominee demonstrated her dedication and commitment to P generosity, helpfulness and giving of herself?	Kindervelt, as well as her
(3) How has the nominee been an ambassador for Kindervelt in the commun humanity and put others before herself?	ity, shown goodwill toward

All nominations must be received by April 25, 2015 send or email form to: Stacy Durr-Stainton 6218 Orchard Lane Cincinnati, OH 45213 kvvicepresident@kindervelt.org

Tidbits

KV #03 - Thanks to our three artists who are donating pieces to the Art for the Heart event - Lynn Hogan, Gilda Horn and Mimi Dyer. Welcome to our new members, Susan Brumm and Alice Chalmers! Thank you Suzanne Schweller for hosting our holiday lunch, and Caroline Cox for arranging our speaker.

KV #19 - on Wednesday, January 14th, KV 19 members shopped for a cause as they hosted a Stella & Dot Trunk Show with stylist Kris Nearing at their monthly meeting. Purchases made at this show benefitted KV 19. All had "fun while raising funds" for Cincinnati Children's.

KV #77 - Happy Belated Birthday to Becky Ristau -12/13, Janice Curran - 1/12, and Judy Williams - 1/19.

KV #55- Triple Crown made a net profit of \$25,116 on their annual golf outing this past July, 2014. The golf ball drop, via helicopter, was a huge hit!

Mike's Car Wash Gift Cards

Liaison 1 is selling Gift Cards for Mike's Car Wash. The cards are \$8.00 each and of that, \$4.00 goes to Kindervelt! Please contact Donna Boggs at d.boggs88@yahoo.com

Appreciation Plaques

Kindervelt #45 is selling Appreciation Plaques for Kindervelt sponsors and donors. They are 5"x7", have the new logo on them and are \$15. This is an ongoing project and they will be available at President Council or by contacting Sally Harper at svhvickery@aol.com or 777.4851



Gratitudes

KV #19 - A huge thank you goes out to Tracy Scheid for hosting the KV 19 Christmas party at her beautiful home. Everyone enjoyed great food and drinks along with a white elephant exchange.

KV #08 - Thank you to Ginny Myer and Sherry Weckenbrock for their leadership in organizing the 2014 KV#8 Christmas Tree sale. A special thank you goes to Sherry for her long hours over the weekend and all those who worked the tree sale in less than ideal weather conditions (especially on Saturday morning!). Amazing to see how many people showed up to claim their trees in the rain and wind! The sale was once again a success, truly a joint effort of KV#8 members and a few family members too. Thanks to all for stepping up to help! KV #77 - A big Thank You to Caroline Williams on hosting our Christmas Potluck Dinner and meeting. Thank you to all of the ladies for all the Christmas decorations and items you donated to our adopt-afamily.



KV #65 - Holiday Party!

Condolences

KV #77 - Sympathy and condolences to Karen Geeves and her family on the death of her mother-in-law, Bebe Geeves.

KV #22 - Kindervelt 22 extends it's heartfelt condolences to two members who lost loved ones recently. Jenny Perry lost her father-in-law, James Perry; and Nicole Prather lost her father, Tom Ballaban. Jenny and Nicole, you are in our thoughts.

Citywide Kindervelt expresses it's sympathy to the family of Sonja Payne who passed away on December 4th. Sonja was our Liaison to Cincinnati Children's hospital for many years. She was a great link to Kindervelt!

A SWEET SIXTEENTH YEAR

FOR KINDERVELT #8'S NORTH POLE EXPRESS

On November 22, 2014, nearly 1800 excited passengers, dozens of teen and adult volunteers and the members of Kindervelt #8 all helped make this sixteenth running of the North Pole Express from the Lebanon train depot a memorable event.

The riders ranged from families of two to many more, including a large church group of women "of a certain age" and an entire car reserved by families with children with special needs. Some grandparents were back for at least their tenth year, and one former volunteer was here with her own children.

At the depot area, the two lively bear mascots were quite popular with the kiddies, and parents appreciated various props ideal for family photo ops. The passengers enjoyed the complimentary cookies, generously provided by Kroger, and many children made use of the letter writing station with its direct-to-Santa mailbox.

Aboard the train, each car was, in effect, its own 45 minute party. The "Reader," acting as the host, welcomed all, thanked our generous sponsors, and read the book that inspired it all, <u>The Polar</u> <u>Express.</u> Her cheery assistants, high schoolers or college-aged "Elves," added to the energy of the car, taking photos and leading robust holiday songs. A jingle of bells indicated the entry of each car's own personal Santa, who had time to spend with each individual child, sometimes signing their copy of the famous book.

And behind all this good family fun was the good feeling generated by the knowledge that every ticket purchased contributed to Cincinnati Children's Heart Institute: the Kindervelt Neurodevelopmental and Educational Clinic.

So it was a win-win situation for all! We look forward to Year Seventeen's ride on Saturday, November 21, 2015. PLEASE JOIN US!

Thank you to the following sponsors who helped make our 16th Kindervelt

North Pole Express such a success:

Lebanon, Mason, and Monroe Railway	CocaCola
The Fey Family	ITA Audio Visual Solutions
Kroger Corporation	Alleen Rentals
Heartwell Kroger & Finneytown Kroger	Central Tool Rentals
Chick-Fill-A	Budget Rental - Sharonville
Sanger Candy Company	All of our Volunteers and Donors!!!
QSEM Solutions	
Lebanon Council of Garden Clubs	

Schenz Theatrical Supply

North Pole Express Photos



Decorating the interior of the cars two days in advance: KV#8 members Charlotte McBrayer, Teresa Lange, and Ginny Myer



On the morning of the event many hands made fast work. KV#8 members Cathy Brewer and Joan Hock were assisted by a volunteer from Lakota East High School



The two bears were enormously popular! Youth volunteers were priceless!



Each child had the opportunity to visit with Santa during the ride.



Kindervelt Liaison IV Presents

The Little Red Schoolhouse 8100 Given Road February 7th 7pm - 10pm

\$25 a person includes one drink ticket

Catered by Creations By Melody

Wine and Beer \$5

Silent Art Auction Basket Raffle \$5 per ticket or 5 for \$20 Valentine Cards for purchase



Make checks payable to Kindervelt and send to: Lin Wolf 6050 Seiler Dr. Cincinnati, OH 45239

or kindervelt.org





Join Kindervelt #19 on Sunday, April 12, 2015 at Painting with a Twist from 2:00-4:00pm to again have "fun while raising funds" for Cincinnati Children's Hospital. We will be painting with a purpose. Painting with a Twist will generously donate to KV #19. No need to be an artist. Come with your friends and family. Ages 13 or older are welcome. KV #19 will provide snacks. If you're interested in attending, sign up on the Painting with a Twist website.

Peek Inside the Studio!

Contact Us to plan your private event or with questions!

Painting with a Twist Office hours: Monday 12:00pm - 4:00pm Tuesday - Friday 12:00pm-6:00pm

- Phone: **513.229.7700**
- Website: Painting with a Twist Mason
- Facebook LIKE our page! Fans get insider info!
- <u>Twitter</u>
- <u>Pinterest</u>
- <u>Newsletter Sign Up</u>

Read how we give back every month with <u>Painting with a Purpose</u>!



send a Heart to Save a Heart

Liasion 4 will be selling Valentine's Day cards at the February President Council meeting and the Art for the Heart Event which takes place February 7th. For \$10 you can send a card which will include a note on the left inside page saying that a donation has been made in your name on behalf of the Heart Institute. This donation will allow for a treatment to be performed on an existing patient. The right inside is blank for a personal note. You can chose from the 4 card designs displayed. We will also provide a stamped envelope! Please support us and send Valentine's Day cards to all the loved ones in your life!

Save the Date! Lunch at the Links VIII

Kindervelt #19 will be hosting the annual ladies luncheon fundraiser on Saturday, May 16, 2015 from 11:00am to 2:00pm at Heritage Club. The golf themed luncheon features a silent auction and several great raffles. If you are interested in attending, please contact the co-chairs of the event, Amy Mueller (<u>amueller14@yahoo.com</u>) or Sue Oswalt (<u>smoswalt01@cinci.rr.com</u>).

SAVE-THE-DATE

KV#77 will host their annual Fashion Show/Luncheon on Saturday, April 18, 2015 at the Marriott Union Center in West Chester, OH. More information to follow!

Liaison I is selling gift cards for the Fawn Candy Company. They make wonderful gifts for loved ones for Valentine's Day whether it be to give them candy, give them a wine bottle dipped in chocolate or just a \$25 gift card. What a great gift and you are supporting KV with \$5 of the \$25 going to KV.

Let the A Times A

Helping kids "one pin at a time

LET THE GOOD TIMES BOWL !

Winter in southern Ohio is a great time for indoor activities. What better way to spend a cold, snowy day than bowling while supporting a good cause.

Kindervelt's 3rd Annual Citywide event "Let the Good Times Bowl" will take place on Saturday, February 28, 2015 at Axis Alley on the Levee, 1 Levee Way, Newport, Kentucky.

This event is organized by Kindervelt, the largest auxiliary at Cincinnati Children's and in support of Cincinnati Children's Heart Institute/Kindervelt Neurodevelopmental and Educational Clinic, which provides support to patients with congenital heart disease.

Bowlers of all levels are welcome. Simply organize a team of six friends, family members or coworkers for two hours of friendly bowling competition. Lane cost is \$300 for a team of six (6). Every bowler will receive a "Let the Good Times Bowl" t-shirt, and a ticket for unlimited soft drinks. Each team will have a Team Captain who will be the main contact for information from the bowling committee.

Bowling sessions are 3:00 – 5:00 P.M., and 6:00 to 8:00 P.M. Check in begins at 2:30 for the first session and 5:30 for the second session.

Deadline for registration is February 16, 2015. Registrations received after the 16th are not guaranteed T-shirts.

There will be raffle items for the sessions, and a split-the-pot for each individual session. Raffle drawing will be held at the end of the second session.

Teams can register on line at www.kindervelt.org or mail registration to the address below.

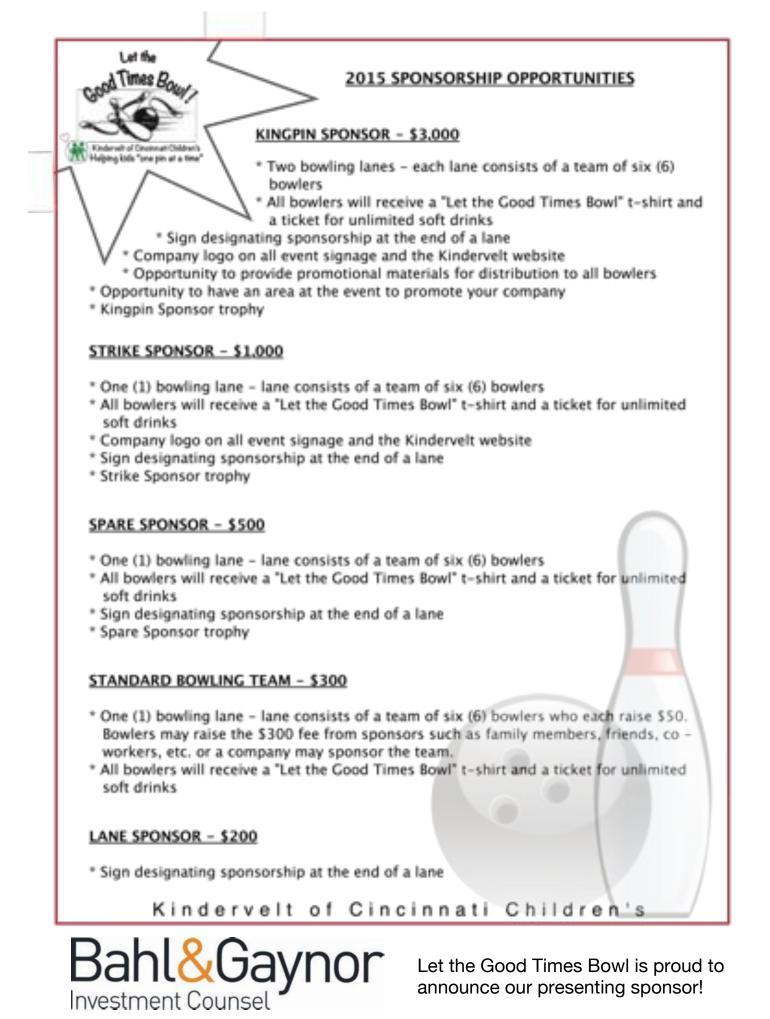
Please review the enclosed packet for more details.

For more information, call Char McBrayer at 513-702-9633 or email at kybowling@kindervelt.org.

Registrations can be mailed or emailed to:

Lisa Gamblin 8051 Brill Rd Cincinnati, OH 45243 kvfadvisor@kindervelt.org

Kindervelt of Cincinnati Children's



Bowling Pin Painting Party with Champion Kids!









	Let the
	Good Times Bowy
	Good and
	dia b
	Kindervelt of Circlevalt Children's Helping kids "one pin at a time"
	COMMITMENT FORM Due February 16, 2015
feam Name for recognition (exactly as you w	would like it to appear)
Contact Name	
Organization Name	
Address, City, Zip	
Phone	
Email	
PLEASE SELECT YOUR LEVEL OF PARTIC	CIPATION:
Kingpin - \$3,000	Standard Bowling Team - \$300
Strike - \$1,000	Lane Sponsor (no bowling team)- \$200
	Cane opurisor (no dowing rearry- azoo
Spare - \$500	
PLEASE SELECT YOUR BOWLING SESSIO	ON PREFERENCE:
3.00 - 5:00 Session	6:00 - 8:00 Session
IN EARE CLARGE & BURNELY OPTION	
*Enclosed is a check for \$	(Made payable to Kindervelt)
	Id for \$(VISA, Mastercard, or AmEx) and pay online.
Card #	Exp. dateCVC code
Name on Card	Signature
Please mail or email this form and payment to	
Lisa Gamblin 8051 Brill Rd.	
Gincinnati, O	
	kinderveit.org



Bowler Registration Form

Due February 16, 2015

Please provide us with the names of the people bowling on your team. If you are serving as the captain and a bowler, please write your name as "Bowler 1".

Team Name:		
	Bowler 1:	Shirt size
	Bowler 2:	Shirt size
	Bowler 3:	Shirt size
	Bowler 4:	Shirt size
	Bowler 5:	Shirt size
	Bowler 6:	Shirt size
	Shirt sizes available are - Adult unisex sizing S, M, L,	XL, 2XL
	Children's sizing S, M, L, XI	
	Lane Assignment (optional)	1
Wev	yould like to bowl next to the team(s) listed below	
Tean	n Name:	
Tear	n Captiain:	
Please mail or e	mail completed forms to:	
	Lisa Gamblin 8051 Brill Rd. Cincinnati, OH 45243 kvfadvisor@kindervelt.org	
	Bowler names are requested for registration and score	ing purposes